
Michael T. Kalkbrenner, Ph.D., NCC.
Assistant Professor of Counseling and Educational Psychology
New Mexico State University
Las Cruces, NM 88003
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EDUCATION

Ph.D.	<i>Old Dominion University</i>	May 2017
	Counselor Education and Supervision CACREP Accredited	
M.S.	<i>The College at Brockport, State University of New York</i>	May 2014
	Mental Health Counseling CACREP Accredited	
B.A.	<i>State University of New York at Geneseo</i>	May 2010
	Psychology	

CERTIFICATION

- National Certified Counselor (NCC)
 - First Aid, CPR, American Red Cross (2011)
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ACADEMIC POSITIONS

- **Assistant Professor**, New Mexico State University, Department of Counseling and Educational Psychology. August 2017 – present
- **Adjunct Faculty Member**, Old Dominion University, Department of Counseling and Human Services, May 2017 – July 2017.
- **Graduate Teaching and Research Assistant**, Old Dominion University, Department of Counseling and Human Services, August 2014 – August 2016.

PUBLICATIONS

**Italicized denote student collaborations*

Books

1. Neukrug, E.S., **Kalkbrenner, M.T.**, Snow, K., (2017). *The Dictionary of Counseling and Human Services*. Norfolk, VA: Counseling Books

Refereed Journal Articles: National and International

2. Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2017). Barriers to counseling among human service professionals: The development and validation of the fit, stigma, & value (FSV) scale. *The Journal of Human Services*. (In press).
3. Johnson, K. F., & **Kalkbrenner, M.T.** (2017). The utilization of technological innovations to support college student mental health: Mobile Health Communication. *The Journal of Technology in Human Services*. (In press).
4. Johnson, K. F., Sparkman-Key, N., & **Kalkbrenner, M.T.** (2017). Human service students' and professionals' knowledge and experiences of interprofessionalism: Implications for education. *The Journal of Human Services*. (In press).
5. **Kalkbrenner, M.T.**, & Hernández, T. J. (2016). Community college students' awareness of risk factors for mental health problems and referrals to facilitative and debilitating resources. *The Community College Journal of Research and Practice*. 41(1), 1-9. doi:10.1080/10668926.2016.1179603
6. **Kalkbrenner, M.T.**, & Parker, R.H., (2016). Infusing experiential learning into the Introductory to Human Services course based on John Dewey's Theory of Education. *The Journal of Human Services*. 36(1), 65-68.
7. **Kalkbrenner, M.T.** (2016). Recognizing and supporting student with mental disorders: The REDFLAGS Model. *The Journal of Education and Training*. 3(1), 1-13. doi:10.5296/jet.v3i1.8141
8. **Kalkbrenner, M.T.**, Shepard, J. G., Johnson, K.F., Choudhury, J.D., *Reiter, A., & *Russell, A. (2016). Interprofessionalism in the literature: A Review of the American Journal of Health Research. *The American Journal of Health Research*. 4(5), 44-47. doi:10.11648/j.ajhr.s.2016040201.16

Refereed Journal Articles: State and Local

9. *Gerwe, C., Parks-Savage, A.C., Bertolet, C., **Kalkbrenner, M.T.**, & Archer, L. (2017) Promoting the wellness of physician-residents: Counselor-delivered coaching. *Counseling & Wellness*. (In press).
10. Dobmeier, R. A., **Kalkbrenner, M. T.**, Hill, T, T., & Hernández, T. J. (2013). Residential community college student awareness of mental health problems and resources. *CSPA-NYS Journal*, 13(2), 15-28.

Encyclopedia Entries

11. **Kalkbrenner, M.T.** (2017). Psychobiology of Attachment Theory. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 3, pp. 1338-1339) Thousand Oaks, CA: SAGE Publications, Inc.
12. **Kalkbrenner, M.T.** (2017). Sexual Dysfunction. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 4, pp. 1523-1525) Thousand Oaks, CA: SAGE Publications, Inc.

Textbook Revisions

13. **Kalkbrenner, M.T.** (2017). Created Glossary. In E.S. Neukrug, A brief orientation to counseling: Professional identity, history, and standards (pp. 177-201). Belmont, CA: Cengage Learning.
14. **Kalkbrenner, M.T.** (2017). Updated Glossary. In E.S. Neukrug, Theory, practice, and trends in human services: An introduction. Belmont, CA: Cengage Learning.
15. **Kalkbrenner, MT.** (2017). Created Glossary. In E.S. Neukrug, E. (2016). *Skills and techniques in human services: Counseling environment, helping skills, treatment issues* (2nd ed.). Norfolk, VA: Counseling Books

Publications Under Review

16. **Kalkbrenner, M.T.**, & Jolley, A.L. (2017). Supporting college student mental health: Faculty members' perceptions of their roles and responsibilities. *The Journal of College Counseling*. Under review.

Publications In Progress

17. **Kalkbrenner, M.T. (2017)**. Development and Validation of the Knowledge, Engagement, Fear (KEF) Scale: Implications for College Counselors. *Counseling Outcome Research and Evaluation*. Manuscript in preparation.
18. **Kalkbrenner, M.T.**, & James, C. (2017). Disparities in college students' awareness of mental health disorders and counselor seeking behaviors: A comparison across academic disciplines. *The Journal of College Counseling*. Manuscript in preparation.

19. **Kalkbrenner, M.T.**, Sink, C., Schwitzer, A., & Richards, T. (2017) Understanding Mental Health Scale (UMHS): Development, validation, and implications for college counselors. *Counseling Outcome Research and Evaluation*. Manuscript in preparation.
20. **Kalkbrenner, M.T.**, & Dustin, J.C. (2017). Integrating the delivery of career and mental health counseling: The Conjunctive Model. *The Journal of Creativity in Mental Health Counseling*. Manuscript in preparation.
21. **Kalkbrenner, M.T.**, Neukrug, E.S., & Griffith, S.A., (2017). Barriers to Counselors Seeking Counseling: Cross Validation and Predictive Validity of the Fit, Stigma, & Value (FSV) Scale. *Measurement and Evaluation in Counseling and Development*. Manuscript in preparation.
22. **Kalkbrenner, M.T.**, & Sink, C. (2017). Confirming the factor structure of the Understanding Mental Health Scale (UMHS). *Measurement and Evaluation in Counseling and Development*. Manuscript in preparation.
23. **Kalkbrenner, M.T.**, & Schwitzer, A. (2017). Investigating the predictive validity of The REDFLAGS Model. *The Journal of College Counseling*. Data analysis stage.

TEACHING EXPERIENCE

Graduate Level Teaching Experience

Counseling for Lifespan Development Master's level, Counseling Old Dominion University, Norfolk, VA Instructor	Summer 2017
Advanced Counseling Research Design and Assessment Doctoral level, Counseling Old Dominion University, Norfolk, VA Co-Instructor	Fall 2016
Research and Program Evaluation Doctoral level, Counseling & Foundations of Education Hybrid online instruction Old Dominion University, Norfolk, VA Co-Instructor	Summer 2016
Testing and Client Assessment Master's level, Counseling Old Dominion University, Norfolk, VA Co-Instructor	Spring 2016 & Spring 2017

Theories of Counseling and Psychopathology Summer 2015
 Master's level, Counseling
 Old Dominion University, Norfolk, VA
 Co-Instructor

Advanced Counseling Skills and Techniques Spring 2015
 Master's level, Counseling
 Old Dominion University, Norfolk, VA
 Co-Instructor

Introduction to Counseling Skills and Techniques Fall 2014
 Master's level, Counseling
 Old Dominion University, Norfolk, VA
 Co-Instructor

Undergraduate Teaching Experience (Instructor)

Introduction to Substance Abuse Summer 2016
 Online Instruction (Adobe Connect & WebEx)
 Old Dominion University, Norfolk VA

Career Development & Appraisal Spring 2016
 Old Dominion University, Norfolk VA

Interpersonal Skills Fall 2015
 Old Dominion University, Norfolk, VA

Nonprofit Fundraising (grant writing) in Human Services Summer 2015
 Old Dominion University, Norfolk, VA

Internship in Human Services Spring 2015
 Old Dominion University, Norfolk, VA

Introduction to Human Services Fall 2014
 Old Dominion University, Norfolk, VA

PRESENTATIONS

International

1. **Kalkbrenner, M.T.** (April, 2016). *The High School to College Transition & Mental Disorders: Implications for Counselors*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.
2. Neukrug, E.S., Britton, B., & **Kalkbrenner, M. T.**, Griffith, S.A. (April, 2016). *Common Health-Related Concerns for Men*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.

National & Regional

3. **Kalkbrenner, M.T.**, Neukrug, E.S., Griffith, S.A. (October, 2017). *Barriers to Seeking Counseling: Development & Validation of the Fit, Stigma, & Value (FSV) Scale*. Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL
4. Neukrug, E.S., **Kalkbrenner, M.T.** (October, 2017). *Insights into Publishing in the Counseling Field: Books, Journal Articles, and More!* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL
5. **Kalkbrenner, M.T.** (October, 2016). *Mental Health Issues on College Campuses: The REDFLAGS Model*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA.
6. **Kalkbrenner, M.T.** (October, 2016). *Infusing Experiential Learning into Counselor Education Pedagogy*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA.
7. **Kalkbrenner, M.T.** & Ramrakhiani. S. H. (September, 2016). *Counselors as Leadership Coaches in an Academic Medical Setting: Implications for Counselor Educators*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY.
8. Ramrakhiani. S. H., **Kalkbrenner, M.T.** (September, 2016). *Counselor Educators' Experiences Infusing Social Justice into Pedagogy*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY.
9. **Kalkbrenner, M.T.**, McAuliffe, G., Carlisle, K., & Richards, T. (October, 2015). *Using Dewey's Theory of Education to Incorporate Experiential Learning Activities in the Social and Cultural Issues Course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA.

10. Carlisle, K. L., Richards, T., **Kalkbrenner, M.T.**, & McAuliffe, G. (October, 2015). *Rubric Development for the Master's Level Counseling Skills Course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA.
11. Richards, T., Carlisle, K. **Kalkbrenner, M.T.**, & Brown, E. (October, 2015). *Using Fink's Taxonomy of Significant Learning in Counselor Education*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA.
12. Allen, J.B., Ampel, B.C., **Kalkbrenner, M.T.**, Piccirillo, C.T., & McDonough, A.C. (2010, June). *The Jevon's Paradox*. National American for Psychological Science (APS) Conference, Boston, MA.

State & Local

**Italicized denote student collaborations*

13. **Kalkbrenner, M.T.**, & *Gerwe, C. (February, 2017). *Coaching Medical Residents: Implications for Counseling*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA.
14. *James, C., & **Kalkbrenner, M.T.** (February, 2017). *The Psychometric Validation of the Understanding Mental Health Scale (UMHS)*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA.
15. **Kalkbrenner, M.T.** (November, 2016). *Reducing Mental Health Issues: The REDFLAGS Model*. The Virginia Counselors Association (VCA) Conference, Williamsburg, VA.
16. **Kalkbrenner, M.T.** (2016, July). *Career and Occupational Assessment: Interest Inventories, Multiple Aptitude Tests, and Special Aptitude Tests*. Invited guest lecturer, master's level client testing and assessment course. Old Dominion University, Norfolk, VA.
17. **Kalkbrenner, M.T.** (2016, July). *Rational Emotive Behavioral Therapy*. Invited guest lecturer, master's level theories of counseling and psychopathology course. Old Dominion University, Norfolk, VA.
18. **Kalkbrenner, M.T.** (June, 2016). *Empathy and Using "I" Statements in a Medical Setting*. Invited plenary speaker. Eastern Virginia Medical School, Norfolk, VA.
19. **Kalkbrenner, M.T.** (February, 2016). *Cognitive Behavioral Skills for Mood Management*. Invited guest lecturer, psycho-educational group course. Old Dominion University, Norfolk, VA.

20. **Kalkbrenner, M.T.** (November, 2015). *Investigating the Implications of a Structured Peer Group Supervision Model*. The Virginia Counselors Association (VCA) Conference, Hot Springs, VA.
21. **Kalkbrenner, M.T.** (2015, July). *Counseling Skills and Techniques*. Invited guest lecturer, master's level advanced counseling skills course. Old Dominion University, Norfolk, VA.
22. **Kalkbrenner, M.T.** (2015, April). *Investigating Residential Community College Students' Awareness of Mental Health Disorders and Related University Services*. The 2015 Annual Graduate Research Achievement Day, Old Dominion University, Norfolk, VA.
23. **Kalkbrenner, M.T.** (2015, March). *Recognizing the Warning Signs for Depression, Stress, and How to Cope*. Workshop presented to graduate and undergraduate students, Old Dominion University, Norfolk, VA.
24. **Kalkbrenner, M.T.** (2015, March). *Ensuring Test Worthiness: Reliability, Validity, Practicality, and Cross-Cultural Fairness*. Invited guest lecturer, master's level theories of counseling and psychopathology course. Old Dominion University, Norfolk, VA.
25. **Kalkbrenner, M.T., & Brown, E.** (2015, March). *Cognitive Information Processing Theory and the Integration of Career and Mental Health Counseling Services on College Campuses*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
26. **Kalkbrenner, M.T., & Carlisle, K.L.** (2015, March). *Multisystemic Therapy: A best Practice for Youth at Risk for out of Home Placement*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
27. **Kalkbrenner, M.T., & Jolley, A.L.** (2015, March). *Faculty Members as Resources for Students who are living with Mental Health Disorders: A Pilot Study*. The William and Mary School of Education Research Symposium, Williamsburg, VA.
28. Brown, E.M., & **Kalkbrenner, M.T.** (2015, March). *Infusing Social Justice in Counselor Education*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
29. Carlisle, K. L., & **Kalkbrenner, M.T.** (2015, March). *Trauma Informed Approaches for At-Risk-Youth*. Presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
30. Jolley, A.L., & **Kalkbrenner, M.T.** (2015, March). *Investigating Minority Students' Perceptions of Mental Health Disorders and Their Impact on the College Experience: A*

Pilot Study. The William and Mary School of Education Research Symposium, Williamsburg, VA.

31. **Kalkbrenner, M.T.** (2015 & 2016, February). *Testing and Assessment: An Overview.* Presented to Master's in counseling students in preparation for The Counselor Preparation Comprehensive Examination. Hybrid online instruction. Old Dominion University, Norfolk, VA.
32. **Kalkbrenner, M.T.** (2013, October). *Nu Chapter of Chi Sigma Iota presents: Counselor Education Clinical Internship and Alumni Panel.* Invited presenter and panel member, Rochester, NY.
33. **Kalkbrenner, M.T.** (2012, November). *Stress Management Workshop.* Invited guest lecturer for freshman academic planning course, Brockport, NY.
34. **Kalkbrenner, M.T.,** Hill, T.L., & Pagan, J.P. (2011, December). *Awareness of Mental Health Disorders on College Campuses.* Graduate Research Conference, The College at Brockport, Rochester, NY.
35. **Kalkbrenner, M.T.,** Bach, D.R., Ampel, B.C., & Piccirillo, C.T. (2010, May). *The Effects of Manipulated Focus on TV. Watching and Parental Support on Levels of Materialistic Values.* Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY.
36. Iuppa, A.A., Ampel, B.C., & **Kalkbrenner, M.T.** (2010, May). *The Relationship Between Altruism, Personal Environmental Threat, and Environmentally Friendly Behaviors.* Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY.
37. Piccirillo, C.T., **Kalkbrenner, M.T.,** & Bach, D.R. (2010, May). *Terror Management and Attitudes Toward the Environment.* Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY.
38. **Kalkbrenner, M.T.,** Ampel, B.C., & Piccirillo, C.T., (2009, October). *Efficiencies as a Solution to Environmental Problems.* Presented at Scholar's Day Brown Bag Lunch Event, Geneseo, NY.

GRANTS, SCHOLARSHIPS, & FELLOWSHIPS

- CACREP Research Initiative for Graduate Students (CRIGS) Fellowship, 2017 (2 awarded annually, nationally).
- SACES Emerging Leader's Fellowship, \$200, Southern Association for Counselor Education and Supervision, New Orleans, LA.

- NARACES Emerging Leader's Fellowship, \$200, North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY
- Darden College of Education Dissertation Fellowship, \$15,000 (with full tuition waiver), Old Dominion University, 2016-2017 (4 awarded annually across 6 departments).
- Research Grant: Southern Association for Counselor Education and Supervision (SACES) Research and Best Practice Award. \$500.00 (awarded)
- Department of Counseling and Human Services Professional Development Scholarship, Old Dominion University, Fall 2015. \$450 (awarded)
- Mid-Atlantic Group Psychotherapy Society (MAGPS) Student Scholarship, Fall 2015. \$75 (awarded)

AWARDS & HONORS

Outstanding Doctoral Student in Counseling Award 2016
 Old Dominion University
 Norfolk VA

- Awarded to one doctoral student annually in the Counseling and Human Services Department at Old Dominion University.

Outstanding Research Award 2016
 Chi Sigma Iota
 Old Dominion University
 Norfolk VA

- This award seeks to recognize and honor those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession.

Shining Star Recognition 2016
 Old Dominion University
 Norfolk VA

- Awarded by the Division of Student Engagement and Enrollment Services at Old Dominion University to recognize an instructor who was nominated by students for his or her hard work, dedication, excellence, and attention given to students.

Distinguished Scholar Award 2014
 The College at Brockport, State University of New York

Brockport, NY

- Awarded annually to one graduate student throughout the College at Brockport, State University of New York who has demonstrated outstanding academic work, scholarship, and who shows exceptional professional promise.

Outstanding Student Award

2014

The College at Brockport, State University of New York
Brockport, NY

- Awarded annually to recognize one graduate student in the department of counselor education at the College at Brockport who has consistently demonstrated exceptional academic and clinical skills in professional counseling.

Chi Sigma Iota Honor Society

2011- present

Dean's List

2006 – present

EDITORIAL EXPERIENCE

Editorial Board Member

September 2016 - present

Proposal Reviewer

The Journal of Human Services

The National Organization for Human Services

Ad Hoc Reviewer

2016

The Journal of College Counseling

A Journal of the American Counseling Association

Editorial Assistant

August 2015 – August 2016

The Journal of Human Services

Under the supervision of Editor Dr. Edward Neukrug

Assistant Editor

2015- 2016

Woody Schwitzer's College Counseling & Psychological Services Knowledge Base

ACPA College Student Educators International

Guest Editorial Board Member

2014

Journal of Human Services

Current Issues: Winter Monograph

PROFESSIONAL SERVICE, COMITTEES, & BOARDS

- NARACES Volunteer at Conference, Syracuse, NY** 2016
North Atlantic Region Association for Counselor Education and Supervision
- Faculty Member Search Committee Member** 2015-2016
Department of Counseling and Human Services
Tenure Track Associate/Assistant Professor
Old Dominion University, Norfolk, VA
- Completed university-level search committee training through the Office of Institutional Equity and Diversity at Old Dominion University
 - Independently reviewed and rated application materials for all applicants.
 - Actively participated in phone and on campus interviews with candidates.
 - Successful search
- Peer Mentor** 2015 - 2017
 Mentored incoming doctoral students
 Old Dominion University
 Norfolk, VA.
- Doctoral Student Interview Ambassador** 2016
 Student panel member
 Facilitated campus tours
 Old Dominion University
 Norfolk, VA.
- ACES Conference Proposal Reviewer** 2015
 Association for Counselor Education and Supervision
 Reviewed 20 proposals for publication in the ACES 2015 conference
- Kalkbrenner, M.T.** (2015, August). Contributed web links about Sigmund Freud to Ed Neukrug's Great Therapists of the Twentieth Century (GTTC) website:
<https://silver.odu.edu/psyadm/>
- Doctoral Student Interview Ambassador** 2015
 Co-facilitated group interviews
 Student panel member
 Old Dominion University
 Norfolk, VA.
- Chi Sigma Iota** 2014 – 2017
 Awards committee member
 Omega Delta Chapter
 Old Dominion University

Norfolk, VA.

Chi Sigma Iota 2013-2014
 Chapter President
 Nu Chapter
 The College at Brockport, State University of New York.
 Brockport, NY.

Chi Sigma Iota 2012-2013
 President-elect
 Nu Chapter
 The College at Brockport, State University of New York.
 Brockport, NY.

Chi Sigma Iota 2012
 Executive Board Committee Member
 Nu Chapter
 The College at Brockport, State University of New York.
 Brockport, NY.

ADDITIONAL UNIVERSITY EXPERIENCE

Research Team Leader 2016 - 2017
 Old Dominion University

- Established a research team with one doctoral student and two undergraduate students.
 - Supervised and participated in: instrument development, data collection, data analysis, writing up results for publication.

Graduate Assistantship 2014 - 2016
 Old Dominion University,
 Full tuition waiver
 Stipend. \$20,000 (per year)

Development of Clinical Resources and Training Materials

Old Dominion University
 Designed worksheets for students to use as training materials and as clinical resources

Kalkbrenner, M.T. (2016). *Reflective listening* [PDF document]. Retrieved from:
<https://drive.google.com/file/d/0B3Gq0WAQ-x8ETWxCWXBQR25kN0U/view?usp=sharing>

Kalkbrenner, M.T. (2016). *Assertive communication skills* [PDF document]. Retrieved from: <https://drive.google.com/file/d/0B3Gq0WAQ-x8EYi0yZlpIVTIIbWc/view?usp=sharing>

Kalkbrenner, M.T. (2016). *Giving and receiving feedback* [PDF document]. Retrieved from: <https://drive.google.com/file/d/0B3Gq0WAQ-x8EdDE3cU1VRWZBZnc/view?usp=sharing>

Kalkbrenner, M.T. (2016). *Reducing extreme emotions in high-pressure situations* [PDF document]. Retrieved from: <https://drive.google.com/a/odu.edu/file/d/0B3Gq0WAO-x8EUkxCYnktRkRaQ1U/view?usp=sharing>

Kalkbrenner, M.T. (2016). *Recognizing and shaping nonverbal behaviors* [PDF document]. Retrieved from: <https://drive.google.com/open?id=0B3Gq0WAO-x8ENk9KanZIYXZNY0k>

Kalkbrenner, M.T. (2016). *Making casual conversation “small talk” for enhancing personal and professional relationships* [PDF document]. Retrieved from: <https://drive.google.com/file/d/0B3Gq0WAO-x8ESWhmVThVTFd4dHc/view?usp=sharing>

Kalkbrenner, M.T. (2016). *Self-Monitoring* [PDF document]. Retrieved from: <https://drive.google.com/file/d/0B3Gq0WAO-x8EWk5YY29kWmxzaE0/view?usp=sharing>

Graduate Research Assistant 2014 - 2015

Old Dominion University

Dr. Alan Schwitzer

- College Counseling Literature Project.
- Assisting in the creation of a database of college counseling articles with implications for clinical practice.

Graduate Research Assistant 2014 - 2015

Old Dominion University

Dr. Kaprea Johnson

- Conduct literature reviews
- Clean and analyze data in SPSS
- Organize research team meetings
- Supervise research team members
- Systematic reviews

Graduate Research Team Member 2012 - 2013

The College at Brockport, State University of New York

- Community College Student Awareness of Mental Health Problems and Resources
 - Project originally completed in partial fulfillment of the requirements for a graduate level research methods course.
 - Took initiative to revise project for publication by organizing the research team. Responsible for conducting the literature review and data analyses (Descriptive statistics, Chi Square, and ANOVA). Worked collaboratively on writing the discussion section.

Research Assistant 2009 - 2010

State University of New York at Geneseo

- Environmental Social Psychology: The Jevons Paradox
- Social Psychology: The Psychology of Happiness
- Social Psychology: Terror Management Theory

- Responsibilities included: data collection, data analysis, presentations at department meetings and presentation at a national APS Conference.

CLINICAL EXPERIENCE

Clinical Supervisor

2016 - 2017

Old Dominion University, Norfolk, VA

- Provide clinical supervision to master's level students completing their practicum or internship clinical training.
- Monitor and provide feedback to students' about counseling sessions, written case conceptualizations, and conduct student evaluations of progress.
- Collaborate with site supervisors to ensure maximum student support.

Doctoral Counseling Intern

2016 - 2017

Eastern Virginia Medical School

- Program development and assessment
- Development of modules and worksheets
- Provided counseling to physician residents and fellows in wellness and interpersonal skills
- Consulted with leadership coordinators and created psychoeducation sessions
- Provided trainings on interpersonal skills to standardized patients (professional actors)

Group Facilitator

Fall 2015

Undergraduate-Level Interpersonal Skills Class
Old Dominion University, Norfolk, VA**Mental Health Counseling Internship**

2012 - 2013

Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY

- Facilitated weekly 1:1 individual counseling sessions with veterans who were living with a variety of mental health disorders including: Substance Use Disorders, Anxiety Disorders, Depressive Disorders, Post-Traumatic Stress Disorder, Paranoid Schizophrenia, Anti-Social Personality Disorder, Psychotic Disorders, and Dementia.
- Facilitated weekly psycho-educational group with 10-25 adult veterans and 5-7 nursing staff members utilizing Cognitive Behavioral Therapy (CBT) techniques to develop coping skills to regulate extreme emotions and to develop effective inter-personal relationship skills.

- Conducted weekly group counseling session with 20-30 adult veterans on preventing relapse from Substance Use Disorders.
- Facilitated weekly psycho-educational group with 25-40 adult veterans utilizing recovery skills for Substance Use Disorders.
- Completed new client intake/motivational interviewing sessions for recently admitted veterans.

Mental Health Counseling Practicum

2012

Hazen Hall Student Counseling Center, Brockport, NY

- Facilitated 1:1 individual counseling sessions with clients who were living with mental health concerns, including: social anxiety, depression, substance abuse, adjustment challenges, and peer/family conflict.
- Completed new client intakes.
- Completed crisis triage interviews.

Sociotherapist

2010-2011

Hillside Crestwood Children's Center, Rochester, NY

- Crisis counseling and supervision of youth who were living with severe emotional disabilities.
- Actively involved with Therapeutic Crisis Intervention (TCI).
- Employed supportive counseling skills and crisis intervention skills to verbally de-escalate youth who were in emotional crises and became verbally and physically aggressive.
- Designed and implemented therapeutic recreation activities to help youth develop and practice more effective cooperative interpersonal skills.
- Participated in multi-disciplinary team of professionals for professional development.
- Participation in treatment team meetings to present on clients' progress and create treatment plans for youth in the program.

TECHNOLOGY & COMPUTER SKILLS

- **Analysis of Moment Structures Software (AMOS)** – Statistical analysis program used for structural equation modeling and confirmatory factor analysis.
- **Statistical Package for the Social Sciences (SPSS)** – Statistical analysis program.
- **G*Power**- Software for computing statistical power, effect size, and confidence intervals.
- **Adobe Connect** – Online conferencing software for hosting virtual classrooms.
- **WebEx** – Online software for hosting virtual classrooms.
- **Black Board** – Online based application for posting announcements and resources for students.
- **Qualtrics** - Online survey software tool.
- **Dropbox** - Online cloud for file storage and sharing.
- **Tk20** – Data management system.
- **Google Drive** – Online cloud for file storage and sharing.
- **eSurveysPro** - Online survey software tool.
- **Microsoft Office Professional**- PowerPoint, Word, Excel, Outlook, & Publisher.

PROFESSIONAL MEMBERSHIPS

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- North Atlantic Region Association for Counselor Education and Supervision (NARACES)
- Southern Association for Counselor Education and Supervision (SACES)
- National Organization for Human Services (NOHS)
- Virginia Counselors Association (VCA)
- Chi Sigma Iota (CSI)

PROFESSIONAL DEVELOPMENT

- Association of Counselor Education and Supervision Conference, Chicago, IL, 2017
- Southern Association for Counselor Education and Supervision Conference, New Orleans, LA, 2016
- North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY, 2016
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2016
- American Counselor Association (ACA) Annual Conference, Montreal, Canada, 2016
- Mindfulness Coaching Training & Techniques, Norfolk, Virginia, 2016
- Association for Counselor Education and Supervision (ACES) Annual Conference, Philadelphia, PA, 2015
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2015
- Virginia Association for Counselor Education and Supervision (VACES) Conference, Harrisonburg, VA, 2015
- The William and Mary School of Education Research Symposium, Williamsburg, VA, 2015
- Transitioning to the DSM-V, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013
- Cognitive Information Processing for Treating PTSD, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013
- Motivational Interviewing in Counseling Settings, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2012
- Graduate Research Conference, The College at Brockport, Rochester, NY, 2011
- Therapeutic Crisis Intervention Training, Hillside Family of Agencies, Rochester, NY, 2010
- Crisis Intervention: Verbal De-escalation, Hillside Family of Agencies, Rochester, NY, 2010
- National American for Psychological Science (APS) Conference, Boston, MA, 2010