

## EVE M. ADAMS

Department of Counseling and Educational Psychology  
New Mexico State University  
Box 30001/MSC 3CEP  
Las Cruces, NM 88003-8001  
(575) 646-1142  
[eadams@nmsu.edu](mailto:eadams@nmsu.edu)

### ACADEMIC HISTORY & RECOGNITIONS

- Ph.D.** Counseling Psychology, 1988  
The Ohio State University (APA accredited)
- M.A.** Counseling Psychology, 1985  
The Ohio State University
- B.A.** Major: Psychology, Minor: Women's Studies  
*Magna cum laude*, 1983  
Ohio Wesleyan University  
**Honors:** Phi Beta Kappa, Omicron Delta Kappa, Mortarboard

### Awards

- NMSU Regents Professorship (2018)
- NMSU Discovery Award (2016)
- NMSU Founders Day Award, College of Education Recipient (2015)
- Received the *Journal of Specialists in Group Work* "Article of the Year" Award (2014) for "Effects of a mindfulness group on Latino adolescent students." Selection made by Editorial Board. Was also the most downloaded article of the year.
- Fellow of the American Psychological Association & Div. 17 (2014)
- Supervision & Training Section of Div. 17 of APA, "Outstanding Training Director" Award (2014)
- NMSU College of Education Dean's Award for Excellence in Leadership (2013)
- Received *The Counseling Psychologist*, "Major Contribution of the Year" Award (August, 2010) for "Counseling Psychology Model Training Values Statement Addressing Diversity."
- NMSU Donald C. Roush Teaching Award (2009)
- NMSU College of Education Dean's Award for Excellence in Leadership (2008)
- Southern New Mexico Pride, Pride Award, for support of LGBT community (2008)
- APA, Finalist for Board of Educational Affairs Award for Innovative Practices in Graduate Psychology Education (2006)
- APA Suinn Award for the Recruitment and Retention of Ethnic Minority Students (2004)
- NMSU College of Education Dean's Award for Excellence in Service (2004)
- NMSU Patricia Christmore University Teaching Award (2001)
- NMSU College of Education Dean's Award for Excellence in Research (2001)
- University of Akron Student Services New Professional Award (1991)
- Ohio Wesleyan University Psychology Dept., Outstanding Research Award (1983)

## EMPLOYMENT HISTORY

**Professor:** Department of Counseling and Educational Psychology, New Mexico State University, 2015 - present. (APA, CACREP, and NASP accredited programs)

**Interim Department Head:** 2007 - 2008.

**Associate Professor:** 2006 - 2015.

**Assistant Professor:** 2000 - 2006.

Teach graduate and undergraduate courses for the counseling psychology, professional counselor, and school psychology programs. Serve on the Ph.D. training committee, admissions committee, and faculty search committees as needed. Advise graduate students, chaired dissertation committees and serve on doctoral committees. Serve on college and university committees.

**College Assistant Professor:** Department of Counseling and Educational Psychology (APA accredited), New Mexico State University, 1994-1995, 1998 - 2000.

In this non-tenure track position I taught graduate and undergraduate courses; served on the Ph.D. and M.A. training committees, admissions committees, and departmental research teams; advised graduate students; chaired dissertation committees and served on thesis committees; directed the departmental training clinic; and advised students on the internship process.

**Coordinator of Services:** Center for Learning Assistance, New Mexico State University, 1995-1998.

**Counseling Psychologist:** Counseling and Testing Center, (APA accredited), The University of Akron, 1988 - 1994.

Provided counseling services and supervised trainees. Served as Assistant Training Director and then Interim Training Director.

**Psychology Intern:** Counseling and Consultation Service (APA accredited), The Ohio State University, 1987 - 1988.

## SCHOLARSHIP AND CREATIVE ACTIVITIES

### Refereed National Journal Articles (students are in italics)

22. Smith, L., Kashubeck-West, S., Payton, G., & **Adams, E. M.** (2017). White professors teaching about racism: Challenges and rewards. *The Counseling Psychologist*, 45(3), 651–668. DOI: [10.1177/0011000017717705](https://doi.org/10.1177/0011000017717705)
21. Hitter, T. L., **Adams, E. M.** & Cahill, B. J. (2017). Exploring positive sexual self-schemas of women survivors of childhood sexual abuse. *The Counseling Psychologist*, 45(2), 266–293. DOI: 10.1177/0011000017697194

20. Cheng, H.L., Hitter, T. L., **Adams, E. M.** & *Williams, C.* (2016). Minority stress and depressive symptoms in Mexican American students: Familism, ethnic identity and gender as moderators. *The Counseling Psychologist*, *44*(6), 841–870. DOI: 10.1177/0011000016660377
19. Harper, D., Scott, M.A., White, T., *Kim, H.*, & **Adams, E. M.** (2016). Interprofessional immersion: Use of Interprofessional Education Collaborative Competencies in side-by-side training of family medicine, pharmacy, nursing, and counseling psychology trainees in the southwestern US. *Journal of Interprofessional Care*, *30*(6), 39-746. DOI: 10.1080/13561820.2016.1227963
18. *Edwards, M.*, **Adams, E. M.**, Waldo, M., Hadfield, O.D., & Biegel, G. (2014). Effects of a mindfulness group on Latino adolescent students: Examining levels of perceived stress, mindfulness, self-compassion and psychological symptoms. *Journal of Specialists in Group Work*, *39* (2), 145-163. DOI: 10.1080/01933922.2014.891683
17. *Cox, J. T.*, **Adams, E. M.**, & Loughran, M. J. (2014). Behavioral health training is good medicine: A qualitative study of counseling psychology trainees' experiences in primary care psychology. *Journal of Mental Health Counseling*, *36*(2), 115-129.
16. *Cox, J. T.*, Loughran, M. J., **Adams, E. M.**, & Navarro, R. M. (2012). Life satisfaction and health related quality of life among low-income medical patients: The influence of self-esteem as a mediating variable. *Psychology, Health & Medicine*. *17*, 652-658. DOI: 10.1080/13548506.2012.656659
15. Winterowd, C., **Adams, E. M.**, Miville, M., & Mintz. L. (2009). Operationalizing, instilling, and assessing Counseling Psychology training values related to diversity in academic programs. *The Counseling Psychologist*, *37*(5), 676-704. DOI: 10.1177/0011000009331936
14. Bieschke, K.J., Abels, A., **Adams, E.M.**, Miville, M., & Schreier, B. (2009). Counseling Psychology Model Training Values Statement Addressing Diversity. *The Counseling Psychologist*, *37*(5), 641-643. DOI: 10.1177/0011000009331930
13. Matthews, C. R. & **Adams, E. M.** (2009). Using a social justice approach to prevent the mental health consequences of heterosexism. *Journal of Primary Prevention*, *30*, 11-16. DOI 10.1007/s10935-008-0166-4
12. Cahill, B. J., & **Adams, E. M.** (2008). The couch and the blackboard: Adding the 3 Rs of relationships, reactions (emotional), and reflection to the classroom. *Journal of Curriculum Studies*, *40*, 671-685. DOI: 10.1080/00220270802026693
11. Miville, M., **Adams, E. M.**, & Juntunen, C. L. (2007). Counseling psychology perspectives on the predoctoral internship supply-demand imbalance: Strategies for problem definition and resolution. *Training and Education in Professional Psychology*, *1*, 258-266. DOI: 10.1037/1931-3918.1.4.258

10. **Adams, E. M.** (2007). Moving from contemplation to preparation: Is Counseling Psychology ready to embrace culturally responsive prevention? *The Counseling Psychologist*, 35, 840-849. DOI: 10.1177/0011000007304596
9. **Adams, E. M.**, Cahill, B. J., *Ackerlind, S. J.* (2005). A qualitative study of Latino lesbian and gay youths' experiences with discrimination and the career development process. *Journal of Vocational Behavior*, 66, 199-218. DOI:10.1016/j.jvb.2004.11.002
8. **Adams, E. M.**, *Dubsick, N.*, & McNeil, K. (2004). Broverman's methodology reversed: Assessing university students' perceptions of the gender role characteristics of counselors. *Psychological Reports*, 94, 277-287.
7. **Adams, E. M.**, Waldo, M., Steiner, R., *Mayfield, R.*, *Ackerlind, S. J.* & *Castellanos, L. P.* (2003). Creating peace by confronting prejudice: Examining the effects of a multicultural communication skills group intervention. *International Journal for the Advancement of Counselling*, 25, 281-291.
6. Sevig, T. D., Highlen, P. S., & **Adams, E. M.** (2000). Development and validation of the Self-Identity Inventory: A multicultural identity development instrument. *Cultural Diversity and Ethnic Minority Psychology*, 6, 168-182.
5. Cahill, B. & **Adams, E. M.** (1997). An exploratory study of early childhood teachers' attitudes toward gender roles. *Sex Roles*, 36, 517-529.
4. Tokar, D. M., Hardin, S. I., **Adams, E. M.**, & Brandel, I. W. (1996). Clients' expectations about counseling and perceptions of the working alliance. *Journal of College Student Psychotherapy*, 11(2), 9-26.
3. **Adams, E. M.** & Betz, N. E. (1993). Gender differences in counselors' attitudes toward and attributions about incest. *Journal of Counseling Psychology*, 40, 210-216.
2. Myers, L. J., Speight, S. L., Highlen, P. S., Cox, C. I., Reynolds, A. L., **Adams, E. M.**, & Hanley, C. P. (1991). Identity development and worldview: Toward an optimal conceptualization. *Journal of Counseling and Development*, 70, 54-63.
1. Leavy, R. L., & **Adams, E. M.** (1986). Feminism as a correlate of self-esteem, self-acceptance, and social support among lesbians. *Psychology of Women Quarterly*, 10, 321-326.

### **Book Chapters** (students are in italics)

8. **Adams, E.M.**, Hitter, T.L., *Longoria, V.* (accepted). A lovingkindness meditation when dealing with oppression. In J. S. Whitman & C. J. Boyd (Eds.), *The therapist's notebook for lesbian, gay, and bisexual clients*(2<sup>nd</sup> ed.) Hayworth Press.

7. Windle, C., Newsome, S., Waldo, M., **Adams, E. M.** (2014). Mindfulness and group therapy: Mindfulness-Based Stress Reduction and Dialectical Behavior Therapy groups. In J. DeLucia-Waack, C. Kalodner, & M. Riva (Eds.), *The handbook of group counseling and psychotherapy* (2nd ed.; pp.474-483). Sage Publications: Thousand Oaks, CA.
6. Haley-Bailey, M., **Adams, E. M.**, Dickson, G., Hitter, T.L., & Luna, L. (2012). Dismantling the birdcage: Preventing heterosexism. In E. Vera (Ed.), *Handbook of prevention in counseling psychology* (pp.455-475). Oxford Press.
5. Davidson, M., Waldo, M., & **Adams, E. M.** (2005). Promoting social justice through prevention interventions. In R.L. Toporek, L. Gerstein, N. Fouad, G. Roysircar, & T. Israel (Eds.), *Handbook for social justice in counseling psychology: Leadership, vision, and action* (pp. 117-129). Thousand Oaks, CA: Sage.
4. **Adams, E. M.** (2004). Moving from random acts of inclusion toward gay-affirmative institutions. In J. M. Croteau, J. S. Lark, M. A. Lidderdale, & Y. B. Chung (Eds.), *Deconstructing heterosexism in the counseling professions: Multicultural narrative voices* (pp. 21-28). Thousand Oaks, CA: Sage.
3. **Adams, E. M.** (2003). A coming out ritual: Using spirituality to enhance resilience. In J. S. Whitman & C. J. Boyd (Eds.), *The therapist's notebook for lesbian, gay, and bisexual clients* (pp. 197-201). Binghamton, NY: Haworth Press.
2. **Adams, E. M.**, Brown, S. C., & Cook, T. L. (2001). Establishing a common ground: A conjoint training model for instructors and peer educators. In J. E. Miller, J. E. Groccia, & D. DiBiasio (Eds.), *Student assisted teaching: A guide to faculty-student teamwork* (pp.2-6). Bolton, MA: Anker.
1. Cahill, B. & **Adams, E. M.** (1998). Identity and engagement in the multicultural classroom. In R. Chavez-Chavez & J. O'Donnell (Eds.), *Speaking the unpleasant: Non-engagement in the multicultural terrain* (pp.229-246). Albany, NY: SUNY Press.

### **Additional Publications** (students are in italics)

7. **Adams, E. M.** (2015, Spring). Graduate Psychology Education Program: Integrated Primary Care Behavioral Health Training on the U.S.- Mexico Border. *Health Psychology Section of Division Seventeen Newsletter*, 57, 4-5.
6. **Adams, E. M.** (2014, Summer). Discussant reflections on the Society of Counseling Psychology's SAS symposium on preventing violence in traditionally marginalized groups. *Student Affiliates of Division Seventeen Newsletter*, 33 (3), 13-15.
5. **Adams, E. M.** (2006). Using a social justice perspective in the prevention of mental health difficulties due to heterosexism. *Prevention in Counseling Psychology: Theory, Research, Practice, & Training*, 1, 19-20.

4. Huber, C. H. & **Adams, E. M.** (2004, Winter). A systemic view of the scientist-practitioner as the basis for graduate education in family psychology. *The Family Psychologist*, 20(1), 16-17.
3. **Adams, E. M.**, Waldo, M., Vazquez, L., Ackerlind, S., Mayfield, R., & Stolfus, S. (2000). Empowering teachers to confront prejudice in borderland schools. *Border Walking Journal*, 4, 5-14.
2. Garcia-Vazquez, E., Vazquez, L. A., Ling, N. D., & **Adams, E. M.** (1999). The impact of skin color on perceived discrimination among bi-ethnic/Latino adolescents. *Border Walking Journal*, 3, 44-52.
1. **Adams, E. M.** (1998, September). Changing habits. *Holistic Management In Practice*, 61, 6.

### **Professional Presentations** (students are in italics)

118. *Betancourt, S., Stem, W., Hitter, T.L., & Adams, E. M.* (2017). *Examining outcomes of a undergraduate mindfulness course: Mindful attention, anger rumination, attachment anxiety, and psychological inflexibility.* Poster Presentation at the Association for Psychological Science. Boston, MA.
117. *Longoria, V., Adams, E. M., Hitter, T. L.* (January 2017). *Using the ancient wisdom of mindfulness to heal from oppression.* Roundtable Presentation at the National Multicultural Conference & Summit. Portland, OR.
116. *DeBerry, J., Adams, E. M., & Hitter, T. L.* (January 2017). *The effectiveness of didactic and perspective-taking interventions on reducing multiple dimensions of heterosexism.* Poster Presentation at the National Multicultural Conference & Summit. Portland, OR.
115. **Adams, E. M.**, Harper, D., & Boland, J. (August 2016). *Integrated primary care psychology training on the US-Mexico border.* Paper presented at the symposium, “Integrated Primary Care Psychology Training in Counseling Psychology Doctoral Programs” at the American Psychological Association Annual Conference, Denver, CO.
114. *Neeley, B., Adams, E. M., Rutherford, J., Hsiu-Lan Cheng & Rebecca Pruitt* (August 2016). *Self-compassion as a mediator between anger rumination and life satisfaction in a sample of Latino college students.* Poster presentation at the American Psychological Association Annual Conference, Denver, CO.
113. *Stem, W., Hitter, T. L., & Adams, E. M.* (May 2016). *The effects of a university mindfulness course on mindful attention, self-compassion, life satisfaction and perceived stress.* Poster presentation at the Association of Psychological Science Annual Conference, Chicago, IL.
112. **Adams, E. M.**, Cheng, H.L., & Tardif, A. (2015). *The effect of primary care psychology training on trainees’ self-efficacy.* Poster presentation at the Collaborative Family Healthcare Association Annual Conference, Portland, OR.

111. **Adams, E. M.** (2015). *Enhancing counseling psychology trainees' self-efficacy in providing culturally-competent, integrated behavioral health in primary care on the US-Mexico border*. Discussion Group at the Collaborative Family Healthcare Association Annual Conference, Portland, OR.
110. **Adams, E. M.** (2015). *Contemplating connection(s), social justice, and the wisdom of integration*. Fellows Address at the American Psychological Association Annual Conference, Toronto, CA.
109. **Adams, E. M., Harper, D., & Rislin, J.L.** (2015). *Enhancing counseling psychology trainees' self-efficacy in integrated care*. Paper presented at the symposium, "Integrative Behavioral Health Training in Counseling Psychology" at the American Psychological Association Annual Conference, Toronto, CA.
108. *Rutherford, J. & Adams, E. M., Neeley, B.* (2015). *Reliability and validity of the Self-Compassion Scale with Latino college students*. Poster presentations at the American Psychological Association Annual Conference, Toronto, CA.
107. *DeBerry, J. & Adams, E. M.* (2015). *Exploring the relationship between multidimensional heterosexist attitudes and contact with LGB individuals*. Poster presentations at the American Psychological Association Annual Conference, Toronto, CA.
106. **Adams, E. M., Cheng, H.L., & Tardif, A.** (2015). *The effect of primary care psychology training on trainees' self-efficacy*. Poster presentation at the American Psychological Association Annual Conference, Toronto, CA.
105. *Harper, D. Adams, E. M., Robinson, K., & Summers, L.* (2015). *Interprofessional training in geriatric care: Lessons we've learned*. Symposium at the American Psychological Association Annual Conference, Toronto, CA.
104. *Hitter, T.L., & Adams, E.M.* (March, 2015) *Positive sexual self-schemas of women survivors of childhood sexual abuse*. Paper presentation at the Association for Women in Psychology 2015 Annual Conference, San Francisco, CA.
103. **Adams, E. M., & Nilsson, J.E.** (February, 2015). *Integrated healthcare on the US-Mexico border*. Presentation at the Council of Counseling Psychology Training Programs Conference. San Diego, CA.
102. **Adams, E. M., Harper, D., & Tardif, A.** (January, 2015). *Integrated healthcare on the US-Mexico border*. Presentation at the Council of Clinical Health Psychology Training Programs Conference, Albuquerque, NM.
101. *Longoria, V., Adams, E. M., & Hitter, T. L.* (November 2014). *Contemplating culture: Mindfulness interventions applied to oppression-based suffering*. Workshop at the National Latino Psychological Association Biennial Conference, Albuquerque, NM.

100. Longoria, V. & **Adams, E. M.** (August 2014). *Contemplating culture: Exploring the use of mindfulness therapies with diverse groups*. Poster presentation at the American Psychological Association Annual Conference, Washington, DC.
99. Vogel, M., **Adams, E.M.**, Cox, J. T., & Harper, D. (July 2014). *How to get started: Gaining basic competencies on integrated care and training in primary care settings*. American Mental Health Counselors Association ASCENT Webinar.
98. **Adams, E. M.** (March 2014). *Training director's roles and responsibilities*. Roundtable Discussion at the Counseling Psychology Conference, Atlanta, GA.
97. **Adams, E. M.** (March 2014). *Preventing violence in traditionally marginalized groups*. Discussant for SAS Symposium at the Counseling Psychology Conference, Atlanta, GA.
96. Winterowd, C., **Adams, E. M.**, Miville, M., & Mintz, L. M. (March, 2014). *Is it time to retire the Training Values Statement?* Symposium at the Counseling Psychology Conference, Atlanta, GA.
95. Chwalisz, K. & **Adams, E.M.** (March, 2014). *Social justice: At the intersection of counseling psychology and health psychology*. Roundtable Discussion at the Counseling Psychology Conference, Atlanta, GA.
94. Harper, D., Torres, I., Schwartz, J., James, A.L., Gonzalez, R., **Adams, E.M.** (October, 2013). *Winning the up-hill battle: Developing integrated behavioral health services for Spanish-speaking minorities in rural New Mexico*. Roundtable Discussion at the Collaborative Family Healthcare Association's Conference, Denver, CO.
93. **Adams, E. M.**, & Shapiro, S. L. (August, 2013). Symposium chairs for *Cultivating mindfulness in counseling training programs* at the APA Conference, Honolulu, HI.
92. **Adams, E. M.**, Newsome, S., Cox, J. T., & Hitter, T. L. (August, 2013). "The mindful counseling psychologist: Experiencing our contemplative science roots." Paper presented at the symposium, "*Cultivating mindfulness in counseling training programs* at the American Psychological Association Annual Conference, Honolulu, HI.
91. **Adams, E. M.**, Newsome, S., Cox, J. T. & Hitter, T.L. (August, 2013). *Applications of mindfulness in supervision*. Roundtable Discussion at the American Psychological Association Annual Conference, Honolulu, HI.
90. Horn, S. N., Zamora, R. C., Schwartz, J. P., **Adams, E. M.**, Grayshield, L. L., & Hadfield, O.D. (August, 2013). *Predicting body image satisfaction with feminist identity & internalization of societal messages*. Poster session presented at the American Psychological Association Annual Conference, Honolulu, HI.
89. Edwards, M., Waldo, M., & **Adams, E. M.**, Beigel, G., Hadfield, O.D. (August, 2013). *Effects of a mindfulness group on adolescent students: Examining stress and psychological symptoms*. Poster presentation at the APA Annual Conference, Honolulu.



88. Hitter, T. L. & Adams, E. M. (August, 2013). *Positive sexual self-schemas of women survivors of childhood sexual abuse*. Poster presentation at the American Psychological Association Annual Conference, Honolulu, HI.
87. Unger, C., Adams, E. M., & Yim, I. S. (April, 2013). *Reliability of the Mindful Attention Awareness Scale in Asian American undergraduates*. Poster presentation at the Southwestern Psychological Association Annual Conference, Dallas, TX.
86. Adams, E. M. (January, 2013). Discussant for the Symposium: *Fusion, infidelity, relationship satisfaction, and heterosexist stress among gay and lesbians* at the National Multicultural Conference and Summit, Houston, TX.
85. Juntunen, C. L., Adams, E. M., Navarro, R. L., Cox, J. T., Schwartz, J. (August, 2012). *Teaching interprofessional competencies: Establishing doctoral training in primary care settings*. Poster Presentation at the Presidential Poster Session on Interdisciplinary Science, Inter-professional Practice, and Obesity at the American Psychological Association Annual Conference, Orlando, FL.
84. Adams, E. M. (March, 2012). *Integrated healthcare on the US-Mexico Border*. Presentation at the bi-annual All-Grantee Conference of the Bureau of Health Professions. Web Conference.
83. Gonzalez, R., Nguyen, X.V., Zamora, R., Adams, E. M., Schwartz, J., Waldo, M. (August, 2011). *Impact of preventive academic/career counseling on the adjustment of first generation college students*. Paper presented in the symposium "Using Career Interventions As a Prevention Strategy-Implications for Policy" at the American Psychological Association Annual Conference, Washington, DC.
82. Smith, L., Kashubeck-West, S., Adams, E. M., Payton, G. J. (August, 2010). *White instructors teaching about race and racism*. Conversation Hour at the American Psychological Association Annual Conference, San Diego, CA.
81. Guzman, C. E., & Adams, E. M. (August, 2010). *Counseling Psychology Training Value: Socially Just*. In the Roundtable Discussion on Counseling Psychology Training Values Statement's Implementation: Trainee-Trainer Perspectives. At the American Psychological Association Annual Conference, San Diego, CA.
80. Dickson, G. L., Navarro, R., Adams, E. M., & Waldo, M. (2009). *Transformative actions: Addressing students' prejudice throughout the counseling curriculum*. Poster presented at American Counselor Education and Supervision Conference. San Diego, CA.
79. Adams, E. M., Hitter, T. L., Longoria, V., & Horn, S. (August, 2009). *Resolving values conflicts: The training experiences of religious, gay-affirming therapists*. Paper presented in the symposium, "LGBTQ and Spirituality---Intersecting Issues for Clinical and Training Applications" at the American Psychological Association Annual Conference, Toronto, ON.

78. **Adams, E. M., & Newsome, S.** (August, 2009). *Best practices in addressing cultural differences in psychotherapy and supervision*. Roundtable discussion at, "Hot Topics in Clinical Supervision" at the APA Annual Conference, Toronto, ON.
77. **Cox, J.T., Adams, E. M., Navarro, R.L.** (August, 2009). *Self-esteem: Mediating the impact of health perceptions on life satisfaction in an underserved-population*. Poster presentation at the American Psychological Association Annual Conference, Toronto, ON.
76. **Adams, E. M., Longoria, V., Hitter, T.L.** (January, 2009). *Experiences of therapists who are heterosexual, religious, and gay affirmative*. Poster presentation at the National Multicultural Conference and Summit, New Orleans, LA.
75. **Adams, E. M.** (March, 2008). *Voices in the wilderness: Religious, gay-affirming counseling psychologists*. Symposium chair at the International Counseling Psychology Conference, Chicago, IL.
74. **Longoria, V., & Adams, E. M.** (March, 2008). *Religious LGBT allies: God knows they exist*. Paper presented in the symposium, "Voices in the wilderness: Religious, gay-affirming counseling psychologists" at the International Counseling Psychology Conference, Chicago, IL.
73. **Hitter, T. L., & Adams, E. M.** (March, 2008). "Addressing values conflicts with conservatively religious psychology trainees". Paper presented in the symposium, "Voices in the wilderness: Religious, gay-affirming counseling psychologists" at the International Counseling Psychology Conference, Chicago, IL.
72. **Adams, E. M.** (March, 2008). *Graduate Psychology Education grants in counseling psychology programs* (Symposium chair). International Counseling Psychology Conference, Chicago.
71. **Adams, E. M., & Ennis, K. E.** (March, 2008). *Primary care behavioral health training on the U.S.- Mexico border*. Paper presented in the symposium, "Graduate Psychology Education grants in counseling psychology programs" at the International Counseling Psychology Conference, Chicago, IL.
70. **Adams, E. M.** (March, 2008). *Creating a social justice focus in the counseling psychology curriculum*. Symposium chair at the International Counseling Psychology Conference, Chicago, IL.
69. **Adams, E. M., Waldo, M., Navarro, R. L., & Grayshield, L.** (March, 2008). *Cultivating counseling psychology's prevention and social justice roots*. Paper presented in the symposium, "Creating a social justice focus in the counseling psychology curriculum" at the International Counseling Psychology Conference, Chicago, IL.
68. **Adams, E. M., Loughran, M. J., Sperry, L., Levine, E., & Mayfield, R.** (March, 2008). Continuing Education workshop, *Training counseling psychologists to work in medical settings* at the International Counseling Psychology Conference, Chicago, IL.

67. Cardenas, C., Schall, E., Savage, T. A., & **Adams, E. M.** (March, 2008). *Holocaust survivors: A study in resilience and recovery*. Poster presentation at the International Counseling Psychology Conference, Chicago, IL.
66. Winterowd, C., **Adams, E. M.**, Miville, M. (March, 2008). *Operationalizing, Instilling and Assessing Counseling Psychology Training Values Related to Diversity in Academic Programs*. Paper presented in the symposium, "Counseling Psychology Model Training Values Statement Addressing Diversity" at the International Counseling Psychology Conference, Chicago, IL.
65. **Adams, E. M.** (February, 2008). *Increasing Integrative Health Self-Efficacy*. Poster presentation at the bi-annual All-Grantee Conference of the Bureau of Health Professions. Washington, D.C.
64. Savage, T. A., Longoria, V., **Adams, E. M.**, & Cahill, E. J. (2008, February). *Lessons learned from the parents of sexual minority youth*. Poster presentation at the annual meeting of the National Association of School Psychologists, New Orleans, Louisiana.
63. **Adams, E. M.**, Longoria, V., Cahill, E. J., & Savage, T. A. (2007). *Experiences of religious heterosexuals who are LGBT supportive*. Poster Session at the American Psychological Association Conference, San Francisco, CA.
62. Iezzi, M., & **Adams, E. M.** (2007). *Effect of counselor awareness of white privilege on Hispanic students' ratings of counselors*. Poster presentation at the National Multicultural Summit, Seattle, WA.
61. **Adams, E. M.** (August, 2006). *Operationalizing, instilling, and assessing counseling psychology training values in supervision*. Roundtable Discussion at the American Psychological Association Conference, New Orleans, LA.
60. Torres-Pryor, J. M., Garcia-Vazquez, E., **Adams, E. M.**; & Vazquez, L. (August, 2006). *Gender roles, acculturation, rape myth's relation to Latino/a college students*. Poster Session at the American Psychological Association Conference, New Orleans, LA.
59. Matthews, C. R. & **Adams, E. M.** (August, 2005). *Using a social justice approach to prevent the mental health consequences of heterosexism*. Presentation at the American Psychological Association Conference, Washington, DC.
58. **Adams, E. M.** & Tellez, C. (June, 2005). *Integrative health training on the US-Mexico border*. Presentation at the Bureau of Health Professions Conference, Washington, DC.
57. **Adams, E. M.** (June, 2005). *Core level performance measures*. Panelist at the Bureau of Health Professions Conference, Washington, DC.
56. **Adams, E. M.**, & Ennis, K.E. (2004). *The effect of a School to Work program*. Poster session at the American Psychological Association Conference, Honolulu, Hawaii.

55. **Montes-Sandoval, L., & Adams, E. M.** (2004). *Skin color and ethnic identity's relation to Hispanic psychological health*. Poster session at the American Psychological Association Conference, Honolulu, Hawaii.
54. **Adams, E. M., & Ennis, K.E.** (2003). *Evaluating the effectiveness of a School to Work program in the borderland*. Poster session at the New Mexico Psychological Association State Conference, Albuquerque, NM.
53. **Stevens, K. J., Adams, E. M., & McNeil, K.** (2003). *Sexual orientation differences in women's workplace discrimination and contextual influences*. Poster session at the American Psychological Association, Toronto, Canada.
52. **Adams, E. M.** (January, 2003). *Beyond mono-identification: Expanding the measurement of cultural group identity development*. Symposium chair at the National Multicultural Summit, Hollywood, CA.
51. **Castellanos, L. P., & Adams, E. M.** (2003). *Exploring disabled women's social identity attitudes*. Paper presented at the National Multicultural Summit, Hollywood, CA.
50. **Dorsey, M. L., & Adams, E. M.** (2003). *Sexual orientation identity development as a predictor of counselor preference*. Paper at the National Multicultural Summit, Hollywood, CA.
49. **Ling, N. D., & Adams, E. M.** (2003). *Exploring the social identity development of biethnic college students*. Paper presented at the National Multicultural Summit, Hollywood, CA.
48. **Castellanos, L. P., & Adams, E. M.** (2002). *Exploring disabled women's social identity attitudes*. Poster session at the American Psychological Association, Chicago, IL.
47. **Dorsey, M. L., & Adams, E. M.** (2002). *Sexual orientation identity development as a predictor of counselor preference*. Poster session at the APA Conference, Chicago, IL.
46. **Adams, E. M., & Cahill, E. J.** (2001). *Gay and lesbian adolescents' career development*. Paper presented at the Rocky Mountain Educational Research Association, Las Cruces.
45. **Adams, E. M., & Cahill, E. J.** (2001). *Gay and lesbian adolescents' career development*. Poster session at the New Mexico State University Research Fair, Las Cruces, NM.
44. **Adams, E. M.** (2001). Chair of the symposium, "Refining career theory and practice for the LGB population" at the American Psychological Association, San Francisco, CA.
43. **Adams, E. M., & Cahill, E. J.** (2001). *A qualitative exploration of the career development of LGB youth*. Paper presented in the symposium, "Refining Career Theory and Practice for the LGB Population" at the American Psychological Association, San Francisco, CA.

42. Ackerlind, S. J., & Adams, E. M. (2001). *Gender-role beliefs: Identity development attitudes and career decision-making self-efficacy*. Poster session at the American Psychological Association, San Francisco, CA.
41. Ling, N. D., & Adams, E. M. (2001). *Exploring the social identity development of biethnic college students*. Poster session at the APA Conference, San Francisco, CA.
40. Adams, E. M. (2001). *Vocational psychology and social action*. Facilitated Roundtable Discussion at the Vocational Psychology Society's Pre-conference Workshop for the Counseling Psychology Conference. Houston, TX.
39. Kaczmarek, P., Adams, E. M., & Waldo, M. (2001). *Training key personnel as prevention agents*. Presented at the Section on Prevention's Pre-conference Workshop for the Counseling Psychology Conference. Houston, TX.
38. Adams, E. M., & Dubsick, N., & McNeil, K. (2000). *Adult attachment styles as a predictor of group identity attitudes*. Poster session at the American Psychological Association, Washington, DC.
37. Adams, E. M. & Dubsick, N., McNeil, K., & Halperin, D. (2000). *Broverman reversed: Assessing sex bias in people's attitudes about counselors*. Poster session at the American Psychological Association, Washington, DC.
36. Waldo, M., Adams, E. M., Schwartz, J. (2000). *Building multicultural communication skills*. Head to Toe: A Conference on School Health, Albuquerque, NM.
35. Adams, E. M., Vazquez, L.A., Mayfield, R., Ackerlind, S., Stoltzfus, S., & Waldo, M. (1999). *Empowering teachers to confront prejudice in borderland schools*. Borderwalking Conference, Las Cruces, NM.
34. Adams, E. M., Waldo, M., Mayfield, R. C., Castellanos, L., & Ackerlind, S. (1999). *Worldview development and multicultural communication skills*. Presentation at the Association of Counselor Education and Supervision Convention, New Orleans, LA.
33. Waldo, M., Adams, E. M., Castellanos, L., Mayfield, R. C., & Ackerlind, S. (1999). *Training counselors to lead multicultural relationship enhancement workshops*. Presentation at the Association of Counselor Education and Supervision Convention, New Orleans, LA.
32. Adams, E. M., Waldo, M., Ackerlind, S., Mayfield, R. C., & Castellanos, L. (1999). *Worldview development and multicultural communication skills*. Rocky Mountain Educational Research Association Regional Convention, Las Cruces, NM.
31. Adams, E. M., Mayfield, R. C., Ackerlind, S., & Waldo, M. (1999). *Empowering teachers to address prejudice*. In the symposium, "Prevention as social action: Counseling psychology interventions promoting public welfare" at the American Psychological Association, Boston, MA.

30. **Adams, E. M.**, Waldo, M., Mayfield, R. C. (1999). *Ethnic experience, identity development, and multicultural communication skills*. Poster session at the American Psychological Association, Boston, MA.
29. Brown, S., Cook, T.L., & **Adams, E. M.** (1999). *The winning team: A training model for faculty/staff and peer educators*. International Conference on the First-Year Experience, Edinburgh, Scotland.
28. **Adams, E. M.** (1998). *Traversing borders: Synthesizing acculturation and identity development theories*. In the symposium, "Acculturation and Identity Development: Bridge to the Twenty-First Century" at the Amer. Psych. Assoc., San Francisco, CA.
27. **Adams, E. M.** & Mitton, F. (1998). *Internalized heterosexism and the gay/lesbian identity development process*. Poster session at the APA Conference, San Francisco, CA.
26. Bolte, J. & **Adams, E. M.** (1998). *Theoretical commitments in the training and self-efficacy of counseling psychologists*. Poster session at the APA Conference, San Francisco, CA.
25. Tureau, Z. L., **Adams, E. M.**, & Vazquez, L. A. (1998). *Ethnic experience, gender, and homophobia: A correlational analysis*. Poster session at the APA Conference, San Francisco, CA.
24. Kaczmarek, M., Causey-Martin, T., **Adams, E. M.** (1998). *Gender role attitudes: Relationship to perceived closeness and instructor evaluation*. Poster session at the American Psychological Association Conference, San Francisco, CA.
23. **Adams, E. M.** & Cook, T. L. (1998). *Increasing academic success using motivation enhancement and change theories*. American College Personnel Assoc., St. Louis, MO.
22. **Adams, E. M.** & Cook, T. L. (1998). *Increasing academic success using motivation enhancement and change theories*. New Mexico College Reading and Learning Association, Las Cruces, NM.
21. Brown, S. C. & **Adams, E. M.** (1997). *Training peer helpers to assist first year students*. International Conference on the First-Year Experience, Warwick, England.
20. **Adams, E. M.** & Viguera, C. (1996). *Teaching tolerance: Sensitizing student helpers to diversity issues*. New Mexico College Reading and Learning Assoc., Las Cruces, NM.
19. **Adams, E. M.**, Waehler, C., Reynolds, A. L., Croteau, J., Stone, G. (1994). *A longitudinal perspective on the professional identity of counseling psychologists*. Symposium at the American Psychological Association (APA) Conference, Los Angeles, CA.
18. Tokar, D. M., **Adams, E. M.**, Brandel, I. W. (1994). *Clients' expectations about counseling and formation of the working alliance*. Poster session at the APA Conference, Los Angeles, CA.

17. **Adams, E. M., Burns, M. J., Colopy, M.** (1994). *Learning from students: A gay/lesbian student organization conference*. American College Personnel Association. Indianapolis.
16. **Adams, E. M.** (1993). *Innovations in college counseling centers: A parent orientation program*. American College Personnel Association (ACPA). Kansas City, MO.
15. **Adams, E. M. & Martin, J. K.** (1993). *Valuing whose values?: Addressing cultural diversity in an orientation program*. ACPA. Kansas City, MO.
14. Brounck, T. & **Adams, E. M.** (1992). *Homophobia and stereotyping*. Roundtable discussion at the American Psychological Association, Washington D.C.
13. **Adams, E. M.** (1991). *Gender differences in counselors' attributions and attitudes toward incest*. Poster session at the American Psychological Association, San Francisco, CA.
12. Marshall, D. L., Good, G. E., & **Adams, E. M.** (1991). *Gender Aware Therapy: Expanding student's options*. American College Personnel Association, Atlanta, GA.
11. **Adams, E. M., Weiss, C. B., & Macagno-Shang, L.** (1991). *Women's cross-cultural relationships with women*. American College Personnel Association, Atlanta, GA.
10. Reynolds, A. L., **Adams, E. M., & Cox, C. I.** (1991). *Identity development, worldview, and victimization: An optimal conceptualization*. Big Ten Counseling Center Conference, Columbus, OH.
9. **Adams, E. M., & Adams, A. J.** (1990). *Transformation through the Afracentric worldview*. National Women's Studies Association, Akron, OH.
8. **Adams, E. M.** (1990). *Gender and ethics: Providing a supportive environment for incest survivors*. American College Personnel Association, St. Louis, MO.
7. **Adams, E. M., & Martin, J. K.** (1989). *Appreciating cultural diversity*. Northeast Ohio College Counselors Conference, Akron, OH.
6. Highlen, P. S., **Adams, E. M., Cox, C. I., Hanley, C. P., Myers, L. J., Reynolds, A. L., & Speight, S. L.** (1988). *Self-Identity Development Model of Oppressed Peoples: Inclusive model for all?* American Psychological Association, Atlanta, GA.
5. **Adams, E. M., Reynolds, A. L., Hanley, C. P., & Speight, S.** (1988). *Challenging the boundaries: Commonalities in identity development of oppressed people*. American College Personnel Association, Miami, FL.
4. Douce, L., Oliver, K., **Adams, E. M., & Tyndall, L.** (1988). *Challenging boundaries: An environmental assessment by lesbian, gay, and bisexual students, faculty and staff*. American College Personnel Association, Miami, FL.

3. Highlen, P. S., **Adams, E. M.**, & Kashubeck, S. M. (1987). *Growth and development in research skills via research teams*. A Roundtable Presentation at the American Psychological Association, New York, NY.
2. Douce, L. A., **Adams, E. M.**, Schaefer, K., & Ruprecht, J. (1986). *Counseling issues with incest survivors*. American College Personnel Association, New Orleans, LA.
1. Glenn, A., Dickie, J., & **Adams, E. M.** (1982). *Broaching the issue: Homophobia*. Great Lakes Colleges Association Women's Studies Conference, Earlham, IN.

### **Sponsored Projects (funded)**

**Consultant :** Primary Care Behavioral Health Training. Health Resource and Services Administration, *Behavioral Health Workforce Education & Training Program*. Interdisciplinary collaborative training grant to enhance the training experience of clinical mental health counseling MA students and MSW students by having them work in primary care and behavioral health settings. (\$1,920,000 for 4 years). September 2017-2021.

**Co-Investigator:** *Promoting Mental Health and Emotional Well-Being in the Paso del Norte Region*, Paso del Norte Health Foundation  
Developing a backbone organization for the Paso del Norte Foundation's focus on mental health. Serve as the Dona Ana County liaison to this organization with a particular focus on education and training initiatives, grant writing, and integrated care. (\$1,131,311 for 2 years). 2017- 2019.

**Principal Investigator:** Primary Care Behavioral Health Training. Health Resource and Services Administration, *Scholarships for Disadvantaged Students Program*. Scholarships for NMSU Counseling Psychology doctoral students who are underrepresented minorities, committed to working in primary care settings in medically underserved communities. (\$1,238,100 for 4 years). September 2016-2020.

**Lead Investigator:** Behavioral Health Psychology Training on the US-Mexico Border. Health Resource and Services Administration, *Graduate Psychology Education Program*. Interdisciplinary collaborative training grant to enhance the training experience of doctoral students in Counseling Psychology by having them work in primary care and behavioral health settings. (\$900,000 for 3 years). July 2016-July 2019.

**Co-Principal Investigator:** *Graduate Assistance for Areas of National Need*. U.S. Department of Education, Office of Post-Secondary Education.  
Fellowship program for NMSU Counseling Psychology PhD students and School Psychology EdS students who are underrepresented minorities, interested in becoming faculty and clinical supervisors. (\$442,917 for 3 years). September 2015-2018.

**Principal Investigator:** Primary Care Behavioral Health Training. Health Resource and Services Administration, *Scholarships for Disadvantaged Students Program*. Scholarships for NMSU Counseling Psychology doctoral students who are underrepresented minorities, committed to working in primary care settings in medically underserved communities. (\$900,657 for 4 years). September 2012-2016.



**Lead Investigator:** Behavioral Health Psychology Training on the US-Mexico Border. Health Resource and Services Administration, *Graduate Psychology Education Program*.

Interdisciplinary collaborative training grant to enhance the training experience of doctoral students in Counseling Psychology by having them work in primary care and behavioral health settings. (\$380,000 for 2 years). July 2014-July 2016.

**Principal Investigator:** Bilingual Counseling Specialization. American Psychological Association's Board of Educational Affairs Grant. CEMRRAT Program. Enhancing the existing capacity for bilingual training at NMSU. (\$3000). August 2011-August 2012.

**Lead Investigator:** Behavioral Health Psychology Training on the US-Mexico Border. Health Resource and Services Administration, *Graduate Psychology Education Program*.

Interdisciplinary collaborative training grant to enhance the training experience of doctoral students in Counseling Psychology by having them work in primary care and behavioral health settings. (\$484,649 for 3 years). August, 2010-August 2013.

**Lead Investigator:** Culturally Competent Mind-Body Behavioral Health Training.

Health Resource and Services Administration, *Graduate Psychology Education Program*.

Additional funding to focus enhance the bilingual skills of our doctoral students and train faculty in mindfulness interventions. (\$94,050) August, 2009-10

**Lead Investigator:** Behavioral Health Psychology Training on the US-Mexico Border. Health Resource and Services Administration, *Graduate Psychology Education Program*.

Interdisciplinary collaborative training grant to enhance the training experience of doctoral students in Counseling Psychology by having them work in primary care and behavioral health settings. (\$340,000 for 3 years). August, 2007-August 2010.

**Lead Investigator:** Experiences of Religious People Who Are LGBT Affirmative. *Wayne F. Placek Small Grant*, American Psychological Foundation. Research grant to fund qualitative interviews. (\$4600) June, 2007-08

**Lead Investigator:** Self-Care through Mindfulness for Helping Professionals in Training. Border Education and Health Disparities Sub-cluster mentorship Mini Grant. (\$1000). 2006.

**Lead Investigator:** Behavioral Health Psychology Training on the US-Mexico Border. Health Resource and Services Administration, *Graduate Psychology Education Program*.

Interdisciplinary collaborative training grant to enhance the training experience of doctoral students in Counseling Psychology by having them work in primary care and behavioral health settings. (\$420,000 for 3 years). May, 2004-2007.

**Co-Principal Investigator:** Interdisciplinary Training Opportunity for the Treatment and Prevention of Sexual Assault and Domestic Violence. NMSU College of Education. Wrote a grant to fund the application process for a Graduate Psychology Education (GPE) program grant in December, 2003. \$5353. Spring, 2003.

**Faculty Sponsor:** Multicultural Research Symposium: Improving border health. Hot Projects Grant through the *Paso del Norte Health Foundation*. Created a symposium to increase multicultural competencies and interest in multicultural research. \$1000. Spring, 2001.

## Editorial Work

**Editorial Board Member:** *Training and Education in Professional Psychology*, 2006-present  
*Prevention in Counseling Psychology: Theory, Research, Practice and Training*, 2005-2011  
*Journal of Counseling Psychology*, 2000-2005  
*Journal of Counseling and Development*, 1993 – 1996

**Ad Hoc Reviewer:** *The Counseling Psychologist*, 2006-present  
*Journal of Counseling Psychology*, 1993–1994, 1999-2000

**Program Reviewer:** National Multicultural Conference and Summit, 2003, 2005, 2013 & 2015  
Counseling Psychology Conference, 2014

**Program Chair:** American College Personnel Association’s Standing Committee for Gay, Lesbian, and Bisexual Awareness (1992-1993) and the Standing Committee for Women (1990-1991)

**Extramural Grant Reviewer:** City University of New York, Internal Research Award Program. December, 2000.

**Reviewer:** Book Proposal for Sage Publications (2010 & 2013).

- *Social Justice Counseling: The Next Steps Beyond Multiculturalism in Application, Theory, & Practice*. RC Chung & F Bemak (Eds.).
- *Happy Together: How Same Sex Couples Can Conquer the Challenges of Minority Stress and Flourish*. S Rostosky & E Riggles.

## TEACHING AND MENTORING

### Courses Taught

**New Mexico State University** (currently)

CEP 520 – Mindfulness for Helping Professionals/Art & Science of Mindfulness

CEP 678 – Advanced Doctoral Practicum

CEP 679 –Supervision Theory/Practicum

CEP 680 & 682 – Internship

CEP 700 – Dissertation

## **New Mexico State University (Previously)**

### Graduate courses

CEP 512 - Human Development  
CEP 519/619 – Psychology of Social Identities  
CEP 535/635 - Psychology of Multiculturalism  
CEP 547/647 – Appraisal of Intelligence  
CEP 563 – Primary Care Psychology  
CEP 572 - Beginning MA Practicum  
CEP 648 – Appraisal of Personality

### Undergraduate courses

CEP 499 – Mindfulness for Helping Professionals  
CEP 451 - Introduction to Counseling  
CEP 110 - Human Growth and Behavior  
UNIV 110 - Academic and Personal Effectiveness  
UNIV 150 - The First-Year Experience  
UNIV 350 - Peer Education

## **Previous Institutions**

### **University of Akron**

Introduction to Women's Studies

## **Ohio State University, Graduate teaching assistant**

Psychology of Personal Effectiveness  
Psychology of Women  
Group Studies  
Career Counseling Skills  
Pre-practicum Counseling Skills

## **Workshops and Guest Lecture Instruction**

### **Guest Lectures – NMSU**

- “Social Justice & the Diversity Values Training Statement’ for CEP 622 (Nov 2017, Sept 2016, Nov 2015, Oct 2014, Sept 2013, Oct 2012 & March 2008)
- “LGBT Issues in Counseling”, Guest lecture in CEP 517 (July 2008, July 2010 & July 2011) and CEP 619 (June 2017)
- “Relational-Cultural Therapy” Guest Lecture in CEP 498 (March 2016) and CEP 619 (June 2017)
- “Interpreting the Strong Interest Inventory” Guest lecture in CEP 5/652 (March 2014, April 2013, April 2012 & April 2011)
- “Adoption Experiences” Guest lecture in CEP 562 (June 2014 & 2015)
- “Mindfulness-Based Stress Reduction Groups” Guest lecture in CEP 677 (Feb 2014)
- “Internship Application Process & the Qualifying Research Project” for CEP 622 (April 2009, Oct 2010, Oct 2011, Oct 2012 & Sept. 2013)
- “Mindfulness-Based Interventions” for CEP 673 (Oct 2016; Oct 2012; Nov 2010)

- “LGBT Issues in Counseling”, Guest lecture in CEP 517 (July 2008, July 2010 & July 2011) and CEP 619 (June 2017)
- “Worldview and Social Identity” for CEP 5/619 (June 2005)
- “Feminist and Gender Aware Therapy” for CEP 5/619 (June 2005)
- “Millon’s Theory of Personality Development” for CEP 648 (April 2004)
- “Counseling LGB Adolescents” for CEP 5/658 (April 2003)
- “Counseling LGB Clients” for CEP 5/619 (July 2003)
- “How to Use Learning Styles as an Instructor” for EMD TA class (October 2003)
- “LGB Parenting” for Psychology 370 (November 2002)
- “College Students’ Cognitive and Intellectual Development” for UNIV 350 (2/4/99, 10/7/99, 10/14/99, & 10/2/00)

### **Workshops/In-service Training/Immersion Experiences for Students**

- Behavioral Health Consultant workshop (3 hr, March 2016, Nov 2016, Nov 2017)
- Interprofessional Immersion Training (8 hr. July 2016 & July 2017)
- Annual “New Student Orientation” for incoming doctoral students (2 hr., 2003-present)
- Annual workshop for doctoral students on the national internship application process (2 hr., 2011-present).
- Annual workshop for doctoral students on the CEP Department Comprehensive Exam Portfolio process (2 hr., 2011-present).
- Workshop for doctoral students on "Getting Published" (2 hr., 2011).
- Supervising Faculty on “March of Remembrance & Hope” (May 2006). Supervised 12 CEP/COE students on a 10 day-trip to Poland to tour Holocaust sites in order to be leaders in fighting for social justice. Supervised two of the doctoral students’ research on the resilience of Holocaust survivors.

**Affiliate Staff:** University Counseling Center, New Mexico State University, 1997-present.

Co-lead therapy groups (mindfulness, yoga for mood management and sexual abuse survivors), provide supervision for interns, practicum students, and post-doctoral residents. Help facilitate training experiences including the Multicultural seminar, Consultation seminar and the Research seminar, led Intern Support Group, and present in Intern Seminar for the pre-doctoral interns as needed. Serve on Training Committee (10-50 hrs/yr).

### **Student Mentoring**

#### **Dissertations Chaired**

23. *The Effectiveness of a Mindful Parenting Group on Increasing Self-Compassion.* Jeremy Rutherford (in process).
22. *The Effectiveness of a Diabetes Prevention Group for Pre-diabetic Adolescents.* Kristin Rankin (in process)
21. *Sociocultural Predictors of Career Decision-Making Self-Efficacy among Latino College Students at a Hispanic-Serving Institution.* Ben Neeley (2017)

20. *Meaning Making and Internalized Heterosexism as Mediators of the Relationship Between Sexual Minority Stress and Stress-Related Growth*. Chris Michaels (2017)
19. *Reducing Heterosexist Attitudes*. John DeBerry (2016)
18. *Contemplating Culture: Exploring the Use of Mindfulness Therapies with Diverse Groups*. Virginia Longoria (2014)
17. *Respect as a Mediator between Love Styles and Relationship Satisfaction for Gay Men*. Richard Zamora (2014)
16. *The Relationship Between Psychosocialcultural Factors and Mexican American College Students' Academic Achievement*. Nadia Cano (2014)
15. *Attitudes Toward Seeking Professional Psychological Help in Latina/o Gay Men and Lesbian Women*. Richard Martinez (2013)
14. *African American Female Graduate Students Coping with Racism*. Kelsie Foster (2013)
13. *Themes of Resilience in the Sexual Lives of Female Sexual Abuse Survivors*. Tracie Hitter (2012)
12. *Counseling Psychologists Trainees' Perspectives on Training in Primary Care Psychology*. Jared Cox (2011)
11. *White Counselors' Awareness of White Privilege and Their Experiences of Its Efficacy in Therapy*. Michael Iezzi (2009)
10. *The Relationship Between Ethnic Identity and Ethnic Socialization in Predicting Perceived Discrimination and Psychological Well-being among Latino College Students in the Southwest*. Jason Vasquez (2009)
9. *Adolescents At-risk: How Attachment, Ego-identity, and Acculturation Correlate with High-risk Sexual Behaviors in Mexican American Adolescents*. Janette Mialkowski (2007)
8. *Factors Related to the Career Decision-Making of Adolescents*. Kay Ennis (2006)
7. *The Relation of Demographic and Attitudinal Barriers to the Perception of Career Barriers*. Stacy Ackerlind (2003)
6. *The Relation of Skin Color and Ethnic Identity Development To Psychological Health Among Hispanics*. Lucy Montes Sandoval (2003)
5. *The Relation of Perceived Discrimination and Contextual Factors in the Career Decision-Making of Lesbian and Heterosexual Women*. Karen Stevens (2003)
4. *Sexual Identity Development and Gender as Predictors of Preference of Counselor's Sexual Orientation and Gender*. Michelle Dorsey (2002)

3. *Exploring the Commonalities in Identity Development for Women with Disabilities*. Luisa Castellanos (2001)

2. *Exploring the Social Identity Development of Biethnic College Students*. Naomi Ling (2001)

1. *The Role of Theoretical Commitments in the Training and Self-Efficacy of Counseling Psychologists*. Jeannette Bolte (1998)

## SERVICE

### Professional Affiliations & Service

Psychologist in the State of New Mexico, License Number 836 (2002-present)

Psychologist in the State of Ohio, License Number 4215 (retired, 1989- 2017)

Council of Counseling Psychology Training Programs – Executive Board Member (2006-2009)  
-Secretary (2007-2009)

American Psychological Association (1988-present)

Division 17 -Section on Prevention –Treasurer (2000-2002)

-Section on Supervision & Training

-Section on Health Psychology

-Section on LGB Awareness

-Liaison to BAPPI (2007)

-Advisory Committee for VP for Diversity (2008)

Division 44 - Malyon-Smith Scholarship Award committee (1997-2001)

American Counseling Association (2003-2007)

Association for Counselor Education and Supervision

American College Personnel Association

-Directorate Member of the Standing Committee for Gay, Lesbian, and Bisexual Awareness; **Program Chair** (1992-1993)

-Directorate Member of the Standing Committee for Women; **Program Chair** (1990-1991)

American Educational Research Association (2000-2006)

New Mexico Psychological Association (2003 & 2004)

### Continuing Education Instruction/Invited Workshops

**Self-care for Training Directors.** Continuing Education presentation at the Council of Counseling Psychology Training Program Annual Mid-winter Meeting, (2012, 2013, 2014, 2015 & 2016)

**New Training Director Orientation.** Presentation at the Council of Counseling Psychology Training Program Annual Mid-winter Meeting, (2012, 2013, 2014, 2015 & 2016)

**The Internship Process: Learning Beyond the Basics.** Co-presenter in this Society of Counseling Psychology National Webinar (Nov 2015 and May 2016)

**Interprofessional Integrated Primary Care Training.** Presentation at the APA Alliance Meeting in Washington, DC (April 2016)

**Supervision Theory and Practice.** Continuing Education Program for CEP MA field supervisors (9/30/15 & 4/15/08)

**Beyond Heterosexism: Working Effectively with LGBT Clients.** Continuing Education presentation to the El Paso Psychological Society. El Paso, TX (11/7/2014)

**Case Study Example.** Was interviewed for Patient-Centered Primary Care Collaborative (PCPCC)'s education & training publication on interprofessional primary care programs, *Building a 21st century workforce: Principles of interprofessional primary care training programs.* (7/15/14)

**Beyond Heterosexism: Working Effectively with LGBT Clients.** Presented to doctoral interns at the El Paso Psychology Internship Consortium. El Paso, TX (1/7/2014)

**Beyond Homophobia: Working with LGBT Clients.** Continuing Education Workshop for the New Mexico Psychological Association. Albuquerque, NM (2/24/2012)

**Mindfulness-Based Psychological Interventions.** Continuing Education Program: Psych Cuisine for Mesilla Valley Hospital. Las Cruces, NM. (12/6/13)

**Working with LGBT clients.** Continuing Education Program: Psych Cuisine for Mesilla Valley Hospital. Las Cruces, NM (3/4/11)

**Keynote Speaker:** "From Social Identity to Social Justice: Why Context Matters." Psi Chi Banquet, Ohio Wesleyan University (April, 2006).

## **Other Service to the Profession**

**External Reviews for Promotion & Tenure decisions** – 1 for Associate Professor (2014 -2015)  
4 for Full Professor (2015-present)

**State of NM Behavioral Health Workforce Development Summit** - Member of Inaugural Planning Committee (2017)

**State Education Advocacy Activities:** Testified before State of NM legislative subcommittee on behavioral health on integrative behavioral healthcare training (2017)

**Federal Education Advocacy Coordinators (FEDAC) Campus/Training Representative:** Educational Directorate of the American Psychological Association (2007-present).

**National Health Service Corp Ambassador:** Health Resources and Services Administration, U.S. Department of Health and Social Services, 2005-present.

**APA Educational Directorate Advocacy Meeting** and Fundraising for Congressmen Obey in support of the GPE Program (2/12/10)

**Conference Planning Committee:** Mid-Winter Meeting of the Council of Counseling Psychology Training Programs (2006-2009).

**“Speed Mentoring” Program Panelist:** International Counseling Psychology Conference, Chicago, IL. (March, 2008).

**Federal Education Advocacy Activities:** Met Staff of Senators Domenici & Bingaman in Washington DC for funding for the Graduate Psychology Education Grant Program (2008).

**Trainer:** Campus Violence Project, American College Personnel Association, 1989 - 1992.

**Trainer:** Cultural Diversity Project, American College Personnel Association, 1988 - 1990.

**Training Director:** Counseling and Testing Center (APA accredited), The University of Akron, 1994.

Coordinated the selection of three pre-doctoral interns. Developed and scheduled the curriculum and training experiences for all aspects of the training program. Evaluated interns and the internship program, and communicated with home departments. Chaired the Training Committee and Intern Selection Committee and assigned supervisors.

## **Service to the University**

### **Counseling and Educational Psychology Department Service**

**Training Director:** Doctoral Program in Counseling Psychology (APA accredited program), New Mexico State University, 2002 - present.

Organize program functions, organize internship preparation and application process, initiate curriculum changes, coordinate admission process, write/maintain program handbook, develop/manage program web site, initiate short/long-term program planning, write annual review, and compile/maintain program records.

### **Wrote Self-Study Report and Coordinated Site Visit for Re-accreditation by the American Psychology Association (2012 and 2005)**

The self-study (over 800 pages) includes a narrative articulating the program model and training objectives; collecting and presenting proximal and distal outcome student data, extensive descriptive information about the faculty and students; and providing additional data as need to the Site Visitors and the Commission on Accreditation.

**Interim Department Head:** Department of Counseling and Educational Psychology (APA, CACREP, and NASP accredited programs), New Mexico State University, 2007 - 2008.



**Co-coordinator:** Annual CEP Multicultural Research Symposium (2001-2017)

This event showcases the research projects completed by the second year doctoral students and is an opportunity to develop the oral presentation skills for a professional audience. Other CEP students develop poster presentations and a nationally known scholar is selected for the keynote speaker. Continuing Education credits are offered for community mental health providers.

**Mentor/Post-doctoral Supervisor to Junior Faculty:**

Dr. Na-Yeun Choi, CEP (2016-2017)  
 Dr. Andres Perez-Rojas, CEP (2016-2017)  
 Dr. Virginia Longoria, CEP (2014-17)  
 Dr. Tracie Hitter, CEP (2013-17)  
 Dr. Hsiu-Lan Cheng, CEP (2012-2014)  
 Dr. Claudia Porras, CEP (2011-2013)  
 Dr. Rachel Navarro, CEP (2006-2008)

**Chair:** CEP Department Faculty Affairs Committee (2016-present)

**Member:** CEP Faculty Search Committee (2017-2018)

**Member:** CEP Department Faculty Affairs Committee (2008- 2016)

**Faculty Advisor:** Counseling Psychology Doctoral Student Association (1998-99, 2000-01, 2013-present)

**Chair:** CEP Faculty Search Committee (2016-2017)

**Member:** CEP Department Head Search Committee (2016-2017)

**Chair:** Counseling Psychology Faculty Search Committee (2015-2016)

**Member:** CEP Department Head Search Committee (2014-2015)

**Member:** Training Clinic Director Search Committee (2014)

**Member:** ELA/CEP Program Coordinator Faculty Search Committee (2014)

**Chair:** Psychopharmacology Faculty Search Committee (2014)

**Chair:** Behavioral Health Faculty Search Committee (2013)

**Chair:** Counseling Psychology Faculty Search Committee (2013)

**Member:** College Faculty Search Committee (2013)

**Chair:** Training Clinic Director Search Committee (2012-2013)

**Member:** Faculty Search Committees (2011-2012)

**Chair:** Faculty Search Committee (2010-2011)

**Member:** Department Head Search Committee (2007-2009)

**Chair:** Departmental Secretary Search Committee (2008)

**Member:** Faculty Search Committees (2007-2008)

**Chair:** Counseling Psychology Doctoral Program Training Committee (2002-present)

**Member:** Counseling Psychology Doctoral Program Training Committee (1994-2002)

**Member:** School Psychology Training Committee (1996-97, 98-99, 2001-2003)

**Member:** Counseling Masters Program Training Committee (1998-2001, 2003)

**Development:** Created and contribute to a CEP Doctoral Travel Fund with the CoE Development Officer (2006-present)

**Director of the CEP Training Center:** CEP Department, NMSU, 1999-2001 and 2017-2018. Managed all aspects of the clinic including scheduling of clients, counselors and supervisors; determining appropriateness of clients; facilitating agency needs with departmental curricular needs; revising forms; and maintaining equipment. Supervise graduate assistants who coordinate the clinic, graduate student supervisors, and work-study receptionists.

### **College of Education Service – New Mexico State University**

- Member of College Council (2004 – 2008) (2017-present)  
Chair of Budget Priorities of College Council (2017-present)  
Chair of Academic Programs (2004-2008)
- Member of Director of School of Teacher Education and Leadership Search Committee (2017-2018)
- Member of Policy Committee of College Council (2016-2017)
- Member of CD Department Head Search Committee (2016-2017)
- Created and contribute to the Adams-Cahill Graduate Student Research Award with the CoE Development Officer (2015-2016)
- Member of Academic Programs Committee of College Council (2015-2016)
- Member of College’s Associate Dean of Research Search Committee (2015-2016)
- Member of Faculty Affairs Committee of College Council (2010-2015)
- Member of Strategic Plan Committee (2008-2009)
- Co-Founder of The Borderlands Alliance for Lesbian, Gay, Bisexual, and Transgender Research (2007)
- Member of Education Council (2001- 2008)
- Member of NCATE Committee (2000-2003)
- Member of Curricular Efficiency Task Force (2001-2002)
- Member of College’s Development Officer Search Committee (2001)

### **University Service - New Mexico State University**

- Member of University Research Council (2001-2003; 2016-present)
- Member of College of Arts & Sciences Dean Search Committee (2016-2017)
- Member of “The Power of Not Yet” University Committee on Recruitment & Retention (2015-2016)
- Member of College of Education Dean Search Committee (2014-2015)
- Member of Assessment Committee (Spring 2014)
- Member of Spanish Counseling Specialization for Mental Health Professionals Interdisciplinary Work Group, Task Force Member (2010 - 2012).
- Member of Institutional Review Board (Spring 2012)
- Member of Graduate School Council (Spring 2001 and 2006-2012)  
G.A. Awards committee (Spring 2006-2012)  
G.A. Reallocation Sub-committee (Spring 2006)
- Member of College of Education Dean Search Committee (2009-2010)
- Member of Counseling Center Training Director Search Committee (2009)
- Member of University *Ad Hoc* Selective Review Appeals Committee (2009)
- Member of Counseling Center Director Search Committee (2008-2009)
- Member of Staff Psychologist Search Committee (2008)
- Member of Advisory Committee for Border Health and Social Services (2003)
- Member of Women’s Studies Steering Committee (2001-2002)
- Member of Vice President for Student Services Search Committee (Fall 2001)
- Member of McNair Scholar Selection Committee (1999)
- Member of College of Health and Social Services Curriculum Committee (1998)
- Member of Counseling Center Internship Selection Committee (1996-97)
- Member of Disability Resource Advisory Board - Chairperson (1996-97)

- Member of Services for Students with Disabilities Review Committee (1995-97)
- Member of Disability Services Coordinator Search Committee (1997)

### **Mentor to Junior Faculty/Staff:**

Dr. Adam Dziedzic, Counseling Center (2017)  
 Dr. Heike Lehnert-Lehouillier, SPED/CD (2015)  
 Dr. Suzanne Bushfield, MSW (2008)

### **Consultations to the University Community**

- Co-lead weekly Mindfulness Meditations for the College of Education, average attendance 5 people per week (2010 to present).
- “Effective Mentoring” for the College of Education Mentors (8/14/15, 8/12/16 & 9/5/17)
- “Mindfulness for Stress Management”, Leadership Academy at Teaching Academy (2/3/17)
- “Mindfulness for Stress Management”, Aggie Leadership at Teaching Academy (4/21/17)
- “Mindfulness for Stress Management”, Department Head meeting at Teaching Academy (7/26/16 & 7/5/17)
- “Mindfulness for Stress Management” Administration & Finance Semi-Annual meeting (5/23/16 & 5/24/16)
- “Mindfulness for Stress Management” Employee Benefits (4/28/16)
- “Qigong for Health” for the Campus Health Center’s Wellness Wednesday (9/10/15)
- “Mindful Supervision for the preschool teachers and administrators” NMSU Preschool for Young Children (12/17/12).
- “Mindfulness as a Psychological Intervention” for NMSU Counseling Center Intern Seminar (7/2/10, 11/19/10, 4/20/12, & 4/25/13).
- “Mindfulness for Self-Care” for NMSU Counseling Center Retreat (4/11/10 & 1/10/11).
- “Mindfulness for Self-Care” for NMSU School for Young Children Professional Development (10/22/10).
- “Career Development” for Stonewall Coalition members, (2/16/06).
- Facilitator for “Corrective Action” meeting with McNair Scholars, (6/20/05).
- “Career Development” for Health Careers Opportunities Program students, (6/17/05).
- “Graduate Program Recruitment and Retention Strategies” for the NMSU Graduate Program Directors, (9/13/04).
- “Time Management Strategies” for the COE Support Staff, (5/13/04).
- “Communication Skills Training” NMSU, LGB Harassment Documentation Project Volunteer Staff, (2/4/02).
- “Sexual Orientation and Gender Issues” breakout session for the NMSU Diversity Workshop, (9/27/02).
- “Confronting Prejudice” for the NMSU Student Services Spring Staff Advance, (2/25/03).
- On-site counselor for NMSU Clothesline/Violence Against Women Project, (5/1/00).

- “Assertiveness Training” for the NMSU Student Support Services Mentors, (1/11/00).
- “Appreciating Diversity in the Residence Halls” for the NMSU Resident Assistants, (2/1/00).
- “Gay/Lesbian Awareness Training” for the NMSU Resident Assistants, (9/30/99).
- “Learning Styles” for the NMSU Student Affairs Staff Spring Advance, (1/23/98 & 1/29/98).

## **Institutional/Technical Reports**

*NMSU’s Counseling Psychology Doctoral Program’s Self-Study for Reaccreditation by the American Psychological Association.* This 800-page document addressed all aspects of the doctoral training program for the last seven years. (2005 & 2011)

*NMSU’s Counseling Psychology Doctoral Program’s Annual Report.* Summary for APA’s Commission on Accreditation. (2001- present)

Annual Report on the Graduate Psychology Education Program to HRSA (2004-present).

Annual Report on the Scholarships for Disadvantaged Students to HRSA (2012-present).

*APA Suinn Award Proposal.* Summary of our efforts in the recruitment and retention of ethnic minority students in our doctoral program for a national award. (2002 - 2004)

*Counseling and School Psychology Training and Research Clinic Annual Report.* NMSU. Summary of the clinic’s activities for the department head. (1999, 2000).

*Disability Resource Advisory Board Annual Report.* NMSU. Summary of the board’s recommendations for the vice-president of the university. (1997).

## **Administrative Manuals**

Adams, E. M. (Revised yearly, 2002 - present). *Doctoral Student Handbook for the Ph.D. Program in Counseling Psychology.* New Mexico State University.

Adams, E. M., Vazquez, L. A., & Kaczmarek, P., Holcomb, D., Blazina, C. (Rev, 1999 & 2018). *Counseling and School Psychology Training and Research Clinic Manual.* NMSU.

Merta, R., Waldo, M., Nystul, M., & Adams, E. M. (Rev, 1998). *Student Handbook for the M.A. in Counseling and Guidance.* New Mexico State University.

Adams, E. M. (1997). *Peer Education Training Manual.* New Mexico State University. This manual describes the selection and training procedures for peer educators used in a first-year student university orientation seminar.

## Service to the Community

**Member:** Dona Ana County Wellness Institute, 2017- present.

**Member:** Graduate Medical Education Committee, Memorial Medical Center, 2005-present.

**Board of Directors:** Parents and Friends of Lesbians and Gays, Las Cruces Chapter, 2001-present.

**Parent Volunteer:** Las Cruces Public Schools (2006-2017).

**“Life and Health” Council of Advocates:** Ocotillo Institute for Social Justice (funded by a Kellogg grant to improve the quality of life in Dona Ana County) (2014-2015).

**Soccer Coach:** Las Cruces Youth Soccer (2007-2011, 2014-2015).

**Staff at Southern NM Pride Day:** Kid’s Corner, 2008-2104.

**Founder:** Somos Familia – support group for lesbian & gays parents, 2006-2007.

**Member:** Employers to Educators (E2E) Committee, Las Cruces Public Schools, 2000-2005.

**Member:** Excel Career Program Advisory Committee, Las Cruces Public Schools, 2000-2002.

## Consultations in the Community

- Facilitate a monthly “Physician Well-Being” group for the Family Medicine residents at Memorial Medical Center (2015-present)
- “Mindfulness for Stress Management”, Community of Hope clientele (9/14/17)
- “Mindfulness” for Headstart teachers & staff (April 2014 & August 2017)
- Provided stress management and test-taking strategies for two Family Medicine Residents taking their Board exams (2012-2013)
- “Children of LGBT Parents” for PFLAG, 3/28/07
- “Collaborative Relationships with Patients” for the Family Medicine Residents, 2/3/05
- Panelist for the “Youth Against Violence Forum” at Mayfield High School, 11/25/02
- “Meeting the Needs of LGB Youth” for the Las Cruces High Deans, 5/29/02
- “Joys and Challenges of Being a GLBT Parent” for PFLAG, 5/15/02
- “Meeting the Needs of LGB Youth” for the LCPS Elementary School Counselors, 9/30/02
- “Appreciating Diversity and Confronting Prejudices” for the LCPS School Nurses, 11/1/01
- “Meeting the Needs of the LGB Youth” for the LCPS School Psychologists and Social Workers, 9/17/01
- Speaker at “Career Day” for University Hills Elementary School students, 4/20/01
- “Career Development of LGB Youth” for PFLAG, 9/19/01
- “Mental Health Needs for HIV+ Consumers” for Camino de Vida, Las Cruces, 2001.
- “Long-term gay and lesbian relationships” for the Families & Youth, Inc. 1/1/99
- “Gender Awareness” for the Center for Holistic Management, 11/6/99
- “Providing Safe Schools for LGB Students” for LCPS Counselors, 11/12/98