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**Michael T. Kalkbrenner, Ph.D., NCC.**  
Assistant Professor of Counseling and Educational Psychology  
New Mexico State University  
Las Cruces, NM 88003  
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### EDUCATION

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Ph.D.	<i>Old Dominion University</i> Counselor Education and Supervision CACREP Accredited	May 2017
M.S.	<i>The College at Brockport, State University of New York</i> Mental Health Counseling CACREP Accredited	May 2014
B.A.	<i>State University of New York at Geneseo</i> Psychology	May 2010

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### CERTIFICATION

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- National Certified Counselor (NCC) ID #: 331917
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### ACADEMIC POSITIONS

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- **Assistant Professor**, New Mexico State University, Department of Counseling and Educational Psychology. August 2017 – present
- **Adjunct Faculty Member**, Old Dominion University, Department of Counseling and Human Services, May 2017 – July 2017.
- **Graduate Teaching and Research Assistant**, Old Dominion University, Department of Counseling and Human Services, August 2014 – August 2016.

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## PUBLICATIONS

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### Book

1. Neukrug, E.S., **Kalkbrenner, M.T.**, Snow, K., (2017). *The Dictionary of Counseling and Human Services*. Norfolk, VA: Counseling Books

### Refereed Journal Articles: National and International

*\*Italicized denote student collaborations*

2. **Kalkbrenner, M.T.**, Sink, C.A, Schwitzer, A., & Richards, T. (in press). Understanding mental health scale (UMHS): Development, validation, and implications for college counselors. *Journal of College Counseling*.
3. **Kalkbrenner, M.T.**, Neukrug, E.S., & Griffith, S.A., (in press). Appraising counselors' attendance in counseling: The validation and application of the Revised Fit, Stigma, and Value Scale. *Journal of Mental Health Counseling*.
4. **Kalkbrenner, M.T.**, Neukrug, E.S. (2018). Identifying barriers to attendance in counseling among adults in the United States: Confirming the factor structure of the Revised Fit, Stigma, & Value Scale. *The Professional Counselor*, 8, 299 – 313.  
doi:10.15241/mtk.8.4.299
5. **Kalkbrenner, M.T.**, & Sink, C. (2018). Development and validation of the College Mental Health Perceived Competency Scale. *The Professional Counselor*, 8, 175 – 189.  
doi:10.15241/mtk.8.2.175
6. Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2017). Barriers to counseling among human service professionals: The development and validation of the fit, stigma, & value (FSV) scale. *Journal of Human Services*, 37(1), 27-40.
7. **Kalkbrenner, M.T.**, & Hernández, T. J. (2017). Community college students' awareness of risk factors for mental health problems and referrals to facilitative and debilitating resources. *Community College Journal of Research and Practice*, 41(1), 56-64.  
doi:10.1080/10668926.2016.1179603
8. Johnson, K. F., & **Kalkbrenner, M.T.** (2017). The utilization of technological innovations to support college student mental health: Mobile Health Communication, *Journal of Technology in Human Services*, 35(4), 1-26.  
doi:10.1080/15228835.2017.1368428
9. Johnson, K. F., Sparkman-Key, N., & **Kalkbrenner, M.T.** (2017). Human service students' and professionals' knowledge and experiences of interprofessionalism: Implications for education. *Journal of Human Services*, 37(1), 5-13.

10. **Kalkbrenner, M.T.**, & Parker, R.H., (2016). Infusing experiential learning into the Introductory to Human Services course based on John Dewey's Theory of Education. *Journal of Human Services*, 36(1), 65-68.
11. **Kalkbrenner, M.T.** (2016). Recognizing and supporting students with mental disorders: The REDFLAGS Model. *Journal of Education and Training*, 3(1), 1-13.  
doi:10.5296/jet.v3i1.8141
12. **Kalkbrenner, M.T.**, Shepard, J. G., Johnson, K.F., Choudhury, J.D., Reiter, A., & Russell, A. (2016). Interprofessionalism in the literature: A review of the American Journal of Health Research. *American Journal of Health Research*, 4(5), 44-47.  
doi:10.11648/j.ajhr.s.2016040201.16

### **Refereed Journal Articles: State and Local**

13. Gerwe, C., Parks-Savage, A.C., Bertolet, C., **Kalkbrenner, M.T.**, & Archer, L. (2017) Promoting the wellness of physician-residents: Counselor-delivered coaching. *Counseling & Wellness: A Professional Counseling Journal*, 6, 1-19.
14. Dobmeier, R. A., **Kalkbrenner, M. T.**, Hill, T, T., & Hernández, T. J. (2013). Residential community college student awareness of mental health problems and resources. *New York Journal of Student Affairs*, 13(2), 15-28.

### **Encyclopedia Entries**

15. **Kalkbrenner, M.T.** (2017). Psychobiology of Attachment Theory. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 3, pp. 1338-1339) Thousand Oaks, CA: SAGE Publications, Inc.
16. **Kalkbrenner, M.T.** (2017). Sexual Dysfunction. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 4, pp. 1523-1525) Thousand Oaks, CA: SAGE Publications, Inc.

### **Textbook Revisions**

17. **Kalkbrenner, M.T.** (2017). Created Glossary. In E.S. Neukrug, *A brief orientation to counseling: Professional identity, history, and standards* (2<sup>nd</sup> ed.). Belmont, CA: Cengage Learning.
18. **Kalkbrenner, M.T.** (2017). Updated Glossary. In E.S. Neukrug, *Theory, practice, and trends in human services: An introduction*. (6<sup>th</sup> ed.). Belmont, CA: Cengage Learning.
19. **Kalkbrenner, MT.** (2017). Created Glossary. In E.S. Neukrug, *Skills and techniques in human services: Counseling environment, helping skills, treatment issues* (2<sup>nd</sup> ed.). Norfolk, VA: Counseling Books

***Publications Under Review***

\*Underline denotes statistical consultant.

20. **Kalkbrenner, M.T.**, & Carlisle, K. (2019). Faculty Members as Referral Agents: Utility of The REDFLAGS Model. *Journal of College Student Psychotherapy*. Accepted with minor revisions.
21. **Kalkbrenner, M.T.**, Lopez, A. & Gibbs, J.R. (2018). Establishing the validity of The REDFLAGS Model. *Journal of College Counseling*. Under third review.
22. **Kalkbrenner, M.T.**, Brown, E.M., Carlisle, K. L., Carlisle, R. M. (2018). Utility of The REDFLAGS Model for supporting community college student mental health: Implications for college student development. *Journal of Counseling and Development*. Under second review.
23. Goodman-Scott, E., Taylor, J. V., & **Kalkbrenner, M.T.** (2018). A multivariate analysis of variance investigation of school-level RAMP status across two States. *Counseling Outcome Research and Evaluation*. Under second review.
24. **Kalkbrenner, M.T.**, & Flinn, R.F. (2018). Development, validation, and cross-validation of the Mental Distress Reaction Scale (MDRS). *Journal of College Student Development*. Under review.
25. **Kalkbrenner, M.T.**, James, C., & Pérez-Rojas, A., E. (2018). College students' awareness of mental disorders and counselor seeking behaviors: Comparison across academic disciplines. *Journal of College Student Psychotherapy*. Under review.
26. **Kalkbrenner, M.T.** (2018). Examining the Factorial Invariance of the Mental Distress Response Scale with Community College Students. *The Journal of Higher Education*. Under review.
27. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2018). A Confirmatory Factor Analysis of the Revised FSV Scale with Counselor Trainees. *Clinical Supervisor*. Under review.
28. **Kalkbrenner, M.T.**, & Gormley, B. (2018). Development and initial validation of the lifestyle practices and health consciousness inventory (LPHCI). *Measurement and Evaluation in Counseling and Development*. Under review.
29. **Kalkbrenner, M.T.**, Jolley, A.L., & Hays, D. (2018). Supporting college student mental health: Faculty members' perceptions of their roles and responsibilities. *Journal of College Student Development*. Under review.

***Publications In Progress***

\*Underline denotes statistical consultant.

30. **Kalkbrenner, M.T.**, Sink, C.A., & Smith, J.L. (2018). Mental Health Literacy and Peer-to-Peer Counseling Referrals among Community College Students *Journal of College Counseling*. Manuscript in preparation.
31. **Kalkbrenner, M.T.**, Arroyos, E.C., & Mims, T. D. (2018). Recognize and refer? College students' responses to encountering a peer in mental distress: Disparities by gender, ethnicity, and help-seeking history. *Journal of College Counseling*. Manuscript in preparation.
32. **Kalkbrenner, M.T.**, & Sink, C.A. (2018). Confirming the factor structure of the Understanding Mental Health Scale (UMHS). *Measurement and Evaluation in Counseling and Development*. Manuscript in preparation.
33. Goodman-Scott, E., McMahon, G., H., **Kalkbrenner, M.T.**, & Smith-Durkin, S. (2018). Assessing distribution of PBIS from an inclusive innovation perspective. *Professional School Counseling*. Data collection phase.
34. **Kalkbrenner, M.T.**, & Darkis, J.T. (2018). Program specific predictors of students' success in counselor training programs. *Counselor Education and Supervision*. Data collection phase.
35. **Kalkbrenner, M.T.**, Neukrug, E.S. (2018). Cross-validation of the FSV Scale among high school students. *Journal of Counseling and Development*. IRB proposal under review.

### **Non-Refereed Publications**

36. **Kalkbrenner, M.T.**, Neukrug, E.S., & Griffith, S.A. (2018). Is counseling for you?. *Social Work Helper*. Retrieved from: <https://www.socialworkhelper.com/2018/02/18/is-counseling-for-you/>

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## **TEACHING EXPERIENCE**

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### **Graduate Level Teaching Experience**

Diagnosis and Treatment Planning	Summer 2018
Master's level, Counseling	
New Mexico State University, Las Cruces, NM	
Instructor	

Evaluation of Quantitative Research in Education	Summer 2018
Doctoral level, Curriculum and Instruction	
New Mexico State University, Las Cruces, NM	
Instructor	

Special Topics in Psychometrics Doctoral level, Psychology New Mexico State University, Las Cruces, NM Instructor	Fall 2017
Counseling Research Master's level, Counseling New Mexico State University, Las Cruces, NM Instructor	Fall 2017
Appraisal Theory & Technique Master's level, Counseling New Mexico State University, Las Cruces, NM Instructor	Fall 2017
Counseling for Lifespan Development Master's level, Counseling Old Dominion University, Norfolk, VA Instructor	Summer 2017
Advanced Counseling Research Design and Assessment Doctoral level, Counseling Old Dominion University, Norfolk, VA Co-Instructor	Fall 2016
Program Evaluation Doctoral level, Counseling & Foundations of Education Hybrid online instruction Old Dominion University, Norfolk, VA Co-Instructor	Summer 2016
Testing and Client Assessment Master's level, Counseling Old Dominion University, Norfolk, VA Co-Instructor	Spring 2016 & Spring 2017
Theories of Counseling and Psychopathology Master's level, Counseling Old Dominion University, Norfolk, VA Co-Instructor	Summer 2015
Advanced Counseling Skills and Techniques Master's level, Counseling Old Dominion University, Norfolk, VA Co-Instructor	Spring 2015
Introduction to Counseling Skills and Techniques	Fall 2014

Master's level, Counseling  
 Old Dominion University, Norfolk, VA  
 Co-Instructor

### **Undergraduate Teaching Experience**

Research Internship in Counseling & Community Psychology Spring 2018  
 Undergraduate, Psychology  
 New Mexico State University, Las Cruces, NM  
 Instructor

Introduction to Substance Abuse Summer 2016  
 Undergraduate, Human Services  
 Online Instruction (Adobe Connect & WebEx)  
 Old Dominion University, Norfolk VA

Career Development & Appraisal Spring 2016  
 Undergraduate, Human Services  
 Old Dominion University, Norfolk VA

Interpersonal Skills Fall 2015  
 Undergraduate, Human Services  
 Old Dominion University, Norfolk, VA

Nonprofit Fundraising (grant writing) in Human Services Summer 2015  
 Undergraduate, Human Services  
 Old Dominion University, Norfolk, VA

Internship in Human Services Spring 2015  
 Undergraduate, Human Services  
 Old Dominion University, Norfolk, VA

Introduction to Human Services Fall 2014  
 Undergraduate, Human Services  
 Old Dominion University, Norfolk, VA

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## **PRESENTATIONS**

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### **International**

1. **Kalkbrenner, M.T.** (2016, April). *The High School to College Transition & Mental Disorders: Implications for Counselors*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.

2. Neukrug, E.S., Britton, B., & **Kalkbrenner, M. T.**, Griffith, S.A. (2016, April). *Common Health-Related Concerns for Men*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.

### **National & Regional**

3. **Kalkbrenner, M.T.**, Neukrug, E.S., Griffith, S.A. (2017, October). *Barriers to Seeking Counseling: Development & Validation of the Fit, Stigma, & Value (FSV) Scale*. Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL.
4. Neukrug, E.S., **Kalkbrenner, M.T.** (2017, October). *Insights into Publishing in the Counseling Field: Books, Journal Articles, and More!* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL.
5. **Kalkbrenner, M.T.** (2016, October). *Mental Health Issues on College Campuses: The REDFLAGS Model*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA.
6. **Kalkbrenner, M.T.** (2016, October). *Infusing Experiential Learning into Counselor Education Pedagogy*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA.
7. **Kalkbrenner, M.T.**, & Ramrakhiani. S. H. (2016, September). *Counselors as Leadership Coaches in an Academic Medical Setting: Implications for Counselor Educators*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY.
8. Ramrakhiani. S. H., & **Kalkbrenner, M.T.** (2016, September). *Counselor Educators' Experiences Infusing Social Justice into Pedagogy*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY.
9. **Kalkbrenner, M.T.**, McAuliffe, G., Carlisle, K., & Richards, T. (2015, October). *Using Dewey's Theory of Education to Incorporate Experiential Learning Activities in the Social and Cultural Issues Course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA.
10. Carlisle, K. L., Richards, T., **Kalkbrenner, M.T.**, & McAuliffe, G. (2015, October). *Rubric Development for the Master's Level Counseling Skills Course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA.



11. Richards, T., Carlisle, K. **Kalkbrenner, M.T.**, & Brown, E. M. (2015, October). *Using Fink's Taxonomy of Significant Learning in Counselor Education*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA.
12. Allen, J.B., Ampel, B.C., **Kalkbrenner, M.T.**, Piccirillo, C.T., & McDonough, A.C. (2010, June). *The Jevon's Paradox*. National American for Psychological Science (APS) Conference, Boston, MA.

### **State & Local**

*\*Italicized denote student collaborations*

13. **Kalkbrenner, M.T.**, & Gerwe, C. (2017, February). *Coaching Medical Residents: Implications for Counseling*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA.
14. \*James, C., & **Kalkbrenner, M.T.** (2017, February). *The Psychometric Validation of the Understanding Mental Health Scale (UMHS)*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA.
15. **Kalkbrenner, M.T.** (2016, November). *Reducing Mental Health Issues: The REDFLAGS Model*. The Virginia Counselors Association (VCA) Conference, Williamsburg, VA.
16. **Kalkbrenner, M.T.** (2016, July). *Career and Occupational Assessment: Interest Inventories, Multiple Aptitude Tests, and Special Aptitude Tests*. Invited guest lecturer, master's level client testing and assessment course. Old Dominion University, Norfolk, VA.
17. **Kalkbrenner, M.T.** (2016, July). *Rational Emotive Behavioral Therapy*. Invited guest lecturer, master's level theories of counseling and psychopathology course. Old Dominion University, Norfolk, VA.
18. **Kalkbrenner, M.T.** (2016, June). *Empathy and Using "I" Statements in a Medical Setting*. Invited plenary speaker. Eastern Virginia Medical School, Norfolk, VA.
19. **Kalkbrenner, M.T.** (2016, February). *Cognitive Behavioral Skills for Mood Management*. Invited guest lecturer, psycho-educational group course. Old Dominion University, Norfolk, VA.
20. **Kalkbrenner, M.T.** (2015, November). *Investigating the Implications of a Structured Peer Group Supervision Model*. The Virginia Counselors Association (VCA) Conference, Hot Springs, VA.

21. **Kalkbrenner, M.T.** (2015, July). *Counseling Skills and Techniques*. Invited guest lecturer, master's level advanced counseling skills course. Old Dominion University, Norfolk, VA.
22. **Kalkbrenner, M.T.** (2015, April). *Investigating Residential Community College Students' Awareness of Mental Health Disorders and Related University Services*. The 2015 Annual Graduate Research Achievement Day, Old Dominion University, Norfolk, VA.
23. **Kalkbrenner, M.T.** (2015, March). *Recognizing the Warning Signs for Depression, Stress, and How to Cope*. Workshop presented to graduate and undergraduate students, Old Dominion University, Norfolk, VA.
24. **Kalkbrenner, M.T.** (2015, March). *Ensuring Test Worthiness: Reliability, Validity, Practicality, and Cross-Cultural Fairness*. Invited guest lecturer, master's level theories of counseling and psychopathology course. Old Dominion University, Norfolk, VA.
25. **Kalkbrenner, M.T.,** & Brown, E. M. (2015, March). *Cognitive Information Processing Theory and the Integration of Career and Mental Health Counseling Services on College Campuses*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
26. **Kalkbrenner, M.T.,** & Carlisle, K.L. (2015, March). *Multisystemic Therapy: A best Practice for Youth at Risk for out of Home Placement*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
27. **Kalkbrenner, M.T.,** & Jolley, A.L. (2015, March). *Faculty Members as Resources for Students who are living with Mental Health Disorders: A Pilot Study*. The William and Mary School of Education Research Symposium, Williamsburg, VA.
28. Brown, E.M., & **Kalkbrenner, M.T.** (2015, March). *Infusing Social Justice in Counselor Education*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
29. Carlisle, K. L., & **Kalkbrenner, M.T.** (2015, March). *Trauma Informed Approaches for At-Risk-Youth*. Presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.
30. Jolley, A.L., & **Kalkbrenner, M.T.** (2015, March). *Investigating Minority Students' Perceptions of Mental Health Disorders and Their Impact on the College Experience: A Pilot Study*. The William and Mary School of Education Research Symposium, Williamsburg, VA.
31. **Kalkbrenner, M.T.** (2015 & 2016, February). *Testing and Assessment: An Overview*. Presented to Master's in counseling students in preparation for The Counselor

Preparation Comprehensive Examination. Hybrid online instruction. Old Dominion University, Norfolk, VA.

32. **Kalkbrenner, M.T.** (2013, October). *Nu Chapter of Chi Sigma Iota presents: Counselor Education Clinical Internship and Alumni Panel*. Invited presenter and panel member, Rochester, NY.
33. **Kalkbrenner, M.T.** (2012, November). *Stress Management Workshop*. Invited guest lecturer for freshman academic planning course, Brockport, NY.
34. **Kalkbrenner, M.T.**, Hill, T.L., & Pagan, J.P. (2011, December). *Awareness of Mental Health Disorders on College Campuses*. Graduate Research Conference, The College at Brockport, Rochester, NY.
35. **Kalkbrenner, M.T.**, Bach, D.R., Ampel, B.C., & Piccirillo, C.T. (2010, May). *The Effects of Manipulated Focus on TV. Watching and Parental Support on Levels of Materialistic Values*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY.
36. Iuppa, A.A., Ampel, B.C., & **Kalkbrenner, M.T.** (2010, May). *The Relationship Between Altruism, Personal Environmental Threat, and Environmentally Friendly Behaviors*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY.
37. Piccirillo, C.T., **Kalkbrenner, M.T.**, & Bach, D.R. (2010, May). *Terror Management and Attitudes Toward the Environment*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY.
38. **Kalkbrenner, M.T.**, Ampel, B.C., & Piccirillo, C.T., (2009, October). *Efficiencies as a Solution to Environmental Problems*. Presented at Scholar's Day Brown Bag Lunch Event, Geneseo, NY.

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### GRANTS, SCHOLARSHIPS, & FELLOWSHIPS

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- Emerging Scholars Research Grant. New Mexico State University, 2018 – 2019. \$8,000 (awarded).
- CACREP Research Initiative for Graduate Students (CRIGS) Fellowship, 2017 (2 awarded annually, nationally).
- SACES Emerging Leader's Fellowship, \$200, Southern Association for Counselor Education and Supervision, New Orleans, LA.
- NARACES Emerging Leader's Fellowship, \$200, North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY

- Darden College of Education Dissertation Fellowship, \$15,000 (with full tuition waiver), Old Dominion University, 2016-2017 (4 awarded annually across 6 departments).
- Research Grant: Southern Association for Counselor Education and Supervision (SACES) Research and Best Practice Award. \$500.00 (awarded)
- Department of Counseling and Human Services Professional Development Scholarship, Old Dominion University, Fall 2015. \$450 (awarded)
- Mid-Atlantic Group Psychotherapy Society (MAGPS) Student Scholarship, Fall 2015. \$75 (awarded)

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### AWARDS & HONORS

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***CEP Department Teaching Excellence Award*** 2017  
New Mexico State University  
Las Cruces NM

- Awarded by the department head for teaching excellence in making complex mathematical concepts easy for students to understand.

***CEP Department Citizenship Award*** 2017  
New Mexico State University  
Las Cruces NM

- Awarded to faculty members who have demonstrated outstanding service and collegiality to the Department of Counseling and Educational Psychology at New Mexico State University.

***Outstanding Doctoral Student in Counseling Award*** 2016  
Old Dominion University  
Norfolk VA

- Awarded to one doctoral student annually in the Counseling and Human Services Department at Old Dominion University.

***Outstanding Research Award*** 2016  
Chi Sigma Iota  
Old Dominion University  
Norfolk VA

- This award seeks to recognize and honor those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession.

***Shining Star Recognition*** 2016  
 Old Dominion University  
 Norfolk VA

- Awarded by the Division of Student Engagement and Enrollment Services at Old Dominion University to recognize an instructor who was nominated by students for his or her hard work, dedication, excellence, and attention given to students.

***Distinguished Scholar Award*** 2014  
 The College at Brockport, State University of New York  
 Brockport, NY

- Awarded annually to one graduate student throughout the College at Brockport, State University of New York who has demonstrated outstanding academic work, scholarship, and who shows exceptional professional promise.

***Outstanding Student Award*** 2014  
 The College at Brockport, State University of New York  
 Brockport, NY

- Awarded annually to recognize one graduate student in the department of counselor education at the College at Brockport who has consistently demonstrated exceptional academic and clinical skills in professional counseling.

***Chi Sigma Iota Honor Society*** 2011- present

***Dean's List*** 2006 – 2017

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## EDITORIAL EXPERIENCE

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**Editorial Board Member** 2016 - present  
 Proposal Reviewer  
*Journal of Human Services*  
 The National Organization for Human Services

**Ad Hoc Reviewer** 2017- present  
*Measurement and Evaluation in Counseling and Development*  
 A National Journal of the American Counseling Association

**Ad Hoc Reviewer** 2016  
*Journal of College Counseling*

A National Journal of the American Counseling Association

**Editorial Assistant** 2015

*Journal of Human Services*

Under the supervision of Editor Dr. Edward Neukrug

**Assistant Editor** 2015- 2016

*Woody Schwitzer's College Counseling & Psychological Services Knowledge Base*

ACPA College Student Educators International

**Guest Editorial Board Member** 2014

*Journal of Human Services*

Current Issues: Winter Monograph

### PROFESSIONAL SERVICE, COMITTEES, & BOARDS

**Awards Committee Member** 2018 – present

*Rocky Mountain Association for Counselor Education and Supervision*

**College of Education Mentor** 2018 – present

*The College of Education*

*New Mexico State University*

*New Mexico State University, Las Cruces, NM*

**Faculty Member Search Committee Member** 2017 - 2018

*Department of Counseling and Educational Psychology*

*Tenure Track Assistant Professor*

*New Mexico State University, Las Cruces, NM*

**Co Program Coordinator** 2017 - 2018

*MA Clinical Mental Health Counseling Program (CACREP Accredited)*

*New Mexico State University, Las Cruces, NM*

**Admissions Coordinator** 2017 - present

*MA Clinical Mental Health Counseling Program (CACREP Accredited)*

*New Mexico State University, Las Cruces, NM*

**Student Affairs Committee** 2017 - present

*Department of Counseling and Educational Psychology*

*New Mexico State University, Las Cruces, NM*

- Serves as an appeal committee to arbitrate grade disputes between undergraduate students and instructors.
- Committee is responsible for making recommendations for student scholarships.

**CEP Long Range Planning Committee** 2017 - present  
*Department of Counseling and Educational Psychology*  
*New Mexico State University, Las Cruces, NM*

- Long range planning committee for consolidating the college of education into fewer, more efficient schools.

**Dean's Initiative Committee for a College-wide Statistical Sequence** 2017 - 2018  
*College of Education, New Mexico State University*  
*Las Cruces, NM*

**Consultant** 2017 - present  
*La Clinica de Familia, Inc. Behavioral Health Specialty Services*  
*Las Cruces, NM*

- Selection of psychological measurement instruments and safety plans.

**Clinical Reasoning and Case Formulation Curriculum Task Force** 2017 - present  
*Department of Counseling and Educational Psychology*  
*New Mexico State University, Las Cruces, NM*

- Collaborative effort between New Mexico State University and the State of New Mexico Behavioral Health Services Department to infuse clinical reasoning and case formulation modules into counselor-training programs.
- Short-term goal: integrate the curriculum of the counselor-training program at New Mexico State University.
- Long-term goal: infuse the curriculum of the counselor-training programs nationally.

**NARACES Volunteer at Conference, Syracuse, NY** 2016  
*North Atlantic Region Association for Counselor Education and Supervision*

**Faculty Member Search Committee Member** 2015-2016  
*Department of Counseling and Human Services*  
*Tenure Track Associate/Assistant Professor*  
*Old Dominion University, Norfolk, VA*

- Completed university-level search committee training through the Office of Institutional Equity and Diversity at Old Dominion University
- Independently reviewed and rated application materials for all applicants.
- Actively participated in phone and on campus interviews with candidates.
- Successful search

**Peer Mentor**

Mentored incoming doctoral students 2015 - 2017  
 Old Dominion University  
 Norfolk, VA.

**Doctoral Student Interview Ambassador**

Student panel member 2016  
 Facilitated campus tours  
 Old Dominion University  
 Norfolk, VA.

**ACES Conference Proposal Reviewer**

Association for Counselor Education and Supervision 2015  
 Reviewed 20 proposals for publication in the ACES 2015 conference

**Kalkbrenner, M.T.** (2015, August). Contributed web links about Sigmund Freud to  
 Ed Neukrug's Great Therapists of the Twentieth Century (GTTC) website:  
<https://silver.odu.edu/psyadm/>

**Doctoral Student Interview Ambassador**

Co-facilitated group interviews 2015  
 Student panel member  
 Old Dominion University  
 Norfolk, VA.

**Chi Sigma Iota**

Awards committee member 2014 – 2017  
 Omega Delta Chapter  
 Old Dominion University  
 Norfolk, VA.

**Chi Sigma Iota**

Chapter President 2013-2014  
 Nu Chapter  
 The College at Brockport, State University of New York.  
 Brockport, NY.

**Chi Sigma Iota**

President-elect 2012-2013  
 Nu Chapter  
 The College at Brockport, State University of New York.  
 Brockport, NY.

**Chi Sigma Iota**

Executive Board Committee Member 2012  
 Nu Chapter  
 The College at Brockport, State University of New York.



Brockport, NY.

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## ADDITIONAL UNIVERSITY EXPERIENCE

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**Research Team Leader** 2017 - present  
 Supporting mental health & wellness research team  
 New Mexico State University

- Established and supervise a research team of five students (undergraduate and graduate). The team is presently working on a number of projects geared towards designing and validating innovative strategies to support college student mental health. Team members receiving training in quantitative research methodology in psychometrics and multivariate statistics.

**Research Team Leader** 2016 - 2017  
 Old Dominion University

- Established a research team with one doctoral student and two undergraduate students.
  - Supervised and participated in: instrument development, data collection, data analysis, writing up results for publication.

**Graduate Assistantship** 2014 - 2016  
 Old Dominion University,  
 Full tuition waiver  
 Stipend. \$20,000 (per year)

**Development of Clinical Resources and Training Materials**  
 Old Dominion University  
 Designed worksheets for students to use as training materials and as clinical resources

**Kalkbrenner, M.T.** (2017). *Reflective listening* [PDF document]. Retrieved from:  
<https://drive.google.com/file/d/0B3Gq0WAO-x8ETWxCWXBQR25kN0U/view?usp=sharing>

**Kalkbrenner, M.T.** (2017). *Assertive communication skills* [PDF document]. Retrieved from:  
<https://drive.google.com/file/d/0B3Gq0WAO-x8EYi0yZlplVTIibWc/view?usp=sharing>

**Kalkbrenner, M.T.** (2017). *Giving and receiving feedback* [PDF document]. Retrieved from:  
<https://drive.google.com/file/d/0B3Gq0WAO-x8EdDE3cU1VRWZBZnc/view?usp=sharing>

**Kalkbrenner, M.T.** (2017). *Reducing extreme emotions in high-pressure situations* [PDF document]. Retrieved from:  
<https://drive.google.com/a/odu.edu/file/d/0B3Gq0WAO-x8EUkxCYnktRkRaQ1U/view?usp=sharing>

**Kalkbrenner, M.T.** (2017). *Recognizing and shaping nonverbal behaviors* [PDF document]. Retrieved from:  
<https://drive.google.com/open?id=0B3Gq0WAO-x8ENk9KanZIYXZNY0k>

**Kalkbrenner, M.T.** (2017). *Making casual conversation “small talk” for enhancing personal and professional relationships* [PDF document]. Retrieved from: <https://drive.google.com/file/d/0B3Gq0WAQ-x8ESWhmVThVTFd4dHc/view?usp=sharing>

**Kalkbrenner, M.T.** (2017). *Self-Monitoring* [PDF document]. Retrieved from: <https://drive.google.com/file/d/0B3Gq0WAQ-x8EWk5YY29kWmxzaE0/view?usp=sharing>

**Graduate Research Assistant** 2014 - 2015  
Old Dominion University  
Dr. Alan Schwitzer

- College Counseling Literature Project.
- Assisting in the creation of a database of college counseling articles with implications for clinical practice.

**Graduate Research Assistant** 2014 - 2015  
Old Dominion University  
Dr. Kaprea Johnson

- Conduct literature reviews
- Clean and analyze data in SPSS
- Organize research team meetings
- Supervise research team members
- Systematic reviews

**Graduate Research Team Member** 2012 - 2013  
The College at Brockport, State University of New York

- Community College Student Awareness of Mental Health Problems and Resources
  - Project originally completed in partial fulfillment of the requirements for a graduate level research methods course.
  - Took initiative to revise project for publication by organizing the research team. Responsible for conducting the literature review and data analyses (Descriptive statistics, Chi Square, and ANOVA). Worked collaboratively on writing the discussion section.

**Research Assistant** 2009 - 2010  
State University of New York at Geneseo

- Environmental Social Psychology: The Jevons Paradox
- Social Psychology: The Psychology of Happiness
- Social Psychology: Terror Management Theory
  - Responsibilities included: data collection, data analysis, presentations at department meetings and presentation at a national APS Conference.

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## CLINICAL EXPERIENCE

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***Clinical Supervisor***

2016 - 2017

Old Dominion University, Norfolk, VA

- Provide clinical supervision to graduate students completing their practicum or internship clinical training.
- Monitor and provide feedback to students' about counseling sessions, written case conceptualizations, and conduct student evaluations of progress.
- Collaborate with site supervisors to ensure maximum student support.

***Doctoral Counseling Intern***

2016 - 2017

Eastern Virginia Medical School

- Program development and assessment
- Development of modules and worksheets
- Provided counseling to physician residents and fellows in wellness and interpersonal skills
- Consulted with leadership coordinators and created psychoeducation sessions
- Provided trainings on interpersonal skills to standardized patients (professional actors)

**Group Facilitator**

Fall 2015

Undergraduate-Level Interpersonal Skills Class

Old Dominion University, Norfolk, VA

**Mental Health Counseling Internship**

2012 - 2013

Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY

- Facilitated weekly 1:1 individual counseling sessions with veterans who were living with a variety of mental health disorders including Substance Use Disorders, Anxiety Disorders, Depressive Disorders, Post-Traumatic Stress Disorder, Paranoid Schizophrenia, Anti-Social Personality Disorder, Psychotic Disorders, and Dementia.
- Facilitated weekly psycho-educational group with 10-25 adult veterans and 5-7 nursing staff members utilizing Cognitive Behavioral Therapy (CBT) techniques to develop coping skills to regulate extreme emotions and to develop effective interpersonal relationship skills.

- Conducted weekly group counseling session with 20-30 adult veterans on preventing relapse from Substance Use Disorders.
- Facilitated weekly psycho-educational group with 25-40 adult veterans utilizing recovery skills for Substance Use Disorders.
- Completed new client intake/motivational interviewing sessions for recently admitted veterans.

**Mental Health Counseling Practicum**

2012

Hazen Hall Student Counseling Center, Brockport, NY

- Facilitated 1:1 individual counseling sessions with clients who were living with mental health concerns, including social anxiety, depression, substance use, adjustment challenges, and peer/family conflict.
- Completed new client intakes.
- Completed crisis triage interviews.

**Sociotherapist**

2010-2011

Hillside Crestwood Children's Center, Rochester, NY

- Crisis counseling and supervision of youth who were living with severe emotional disabilities.
- Actively involved with Therapeutic Crisis Intervention (TCI).
- Employed supportive counseling skills and crisis intervention skills to verbally de-escalate youth who were in emotional crises and became verbally and physically aggressive.
- Designed and implemented therapeutic recreation activities to help youth develop and practice more effective cooperative interpersonal skills.
- Participated in multi-disciplinary team of professionals for professional development.
- Participation in treatment team meetings to present on clients' progress and create treatment plans for youth in the program.

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**TECHNOLOGY & COMPUTER SKILLS**

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- **Analysis of Moment Structures Software (AMOS)** – Statistical analysis program used for structural equation modeling and confirmatory factor analysis.
- **Statistical Package for the Social Sciences (SPSS)** – Statistical analysis program.
- **G\*Power**- Software for computing statistical power, effect size, and confidence intervals.
- **Adobe Connect** – Online conferencing software for hosting virtual classrooms.
- **WebEx** – Online software for hosting virtual classrooms.
- **Canvas** - Online based application for posting announcements and resources for students.
- **Blackboard** – Online based application for posting announcements and resources for students.
- **Qualtrics** - Online survey software tool.
- **Dropbox** - Online cloud for file storage and sharing.
- **Tk20** – Data management system.
- **Google Drive** – Online cloud for file storage and sharing.
- **eSurveysPro** - Online survey software tool.
- **Microsoft Office Professional**- PowerPoint, Word, Excel, Outlook, & Publisher.

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### PROFESSIONAL MEMBERSHIPS

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- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Rocky Mountain Association for Counselor Education and Supervision (RMACES)
- North Atlantic Region Association for Counselor Education and Supervision (NARACES)
- Southern Association for Counselor Education and Supervision (SACES)
- National Organization for Human Services (NOHS)
- Chi Sigma Iota (CSI)

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## PROFESSIONAL DEVELOPMENT

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- Association of Counselor Education and Supervision Conference, Chicago, IL, 2017
- Strengthening Clinical Reasoning in Practice: Key Concepts for Use in Clinical Reasoning in Assessment and Case Formulation, Las Cruces, NM, 2017
- Southern Association for Counselor Education and Supervision Conference, New Orleans, LA, 2016
- North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY, 2016
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2016
- American Counselor Association (ACA) Annual Conference, Montreal, Canada, 2016
- Mindfulness Coaching Training & Techniques, Norfolk, Virginia, 2016
- Association for Counselor Education and Supervision (ACES) Annual Conference, Philadelphia, PA, 2015
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2015
- Virginia Association for Counselor Education and Supervision Conference, Harrisonburg, VA, 2015
- The William and Mary School of Education Research Symposium, Williamsburg, VA, 2015
- Transitioning to the DSM-V, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013
- Cognitive Information Processing for Treating PTSD, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013
- Motivational Interviewing in Counseling Settings, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2012
- Graduate Research Conference, The College at Brockport, Rochester, NY, 2011
- Therapeutic Crisis Intervention Training, Hillside Family of Agencies, Rochester, NY, 2010
- Crisis Intervention: Verbal De-escalation, Hillside Family of Agencies, Rochester, NY, 2010
- National American for Psychological Science Conference, Boston, MA, 2010