

Gadsden Independent School District



Lunch Cycle Menu (k-8)

August - December 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Hamburger on a WG Bun Tomato Slices (¼ c) Oven Fries (½ c) Ketchup/Mustard (1 pk) Orange (½ c) Milk	Pepperoni Pizza Green Salad (¼ c) Seasoned Broccoli & Cauliflower(½c) Ranch Dressing (1 pk) Red Apple (½ c) Milk	Corndog Carrot Raisin Salad (¼ c) Three Bean Salad (½ c) Catsup, Mustard, (1 pk) Pear (½ c) Milk	Chicken Sluggler Green Salad (¼ c) Sweet Potato Fries (½ c) W.G. Hot Roll Ranch Dressing (1 pk) Red Grapes (½ c),Milk	Red or Green Chilaqueles (WG Tostadas 2 oz, Cheese 2 oz) Celery Sticks (¼ c) Corn O'Brien (½ c) Spanish Rice w/Peas & Carrots (½ c) Banana (½ c),Milk
2	Steak Fingers (4 ea) Peas N' Carrots (¼ c) Garlic Mashed Potatoes (½ c) WG Hot Roll Ketchup (1 pk) Green Apple (½ c) Milk	Refried Bean & Cheese Tostadas (Refried Beans ½ c,Cheese .5oz) Tostadas(2 oz) Tossed Salad (¼ c) Diced Tomatoes (½ c) Ranch Dressing, Picante Sauce (1 pk) Pear (½ c) , Milk	Sloppy Joe on a WG Bun (Seasoned Ground Beef 2 oz) Carrot Sticks (¼ c) Mixed Vegetables (½ c) Ranch Dressing (1 pk) Green Grapes (½ c) Milk	Submarine Deli Sandwich On WG Hoagie Bun (Turkey 1oz Ham .5oz,Cheese (5oz) Green Salad (¼ c) Sweet Potatoes (½ c) Ranch Dressing, Mustard (1 pk) Banana (½ c), Milk	Cheese Nachos (Cheese 3 oz, Tostadas 2 oz) Mexicali Corn (¼ c) Pinto Beans (½ c) Red Apple (½ c) Milk
3	Breaded Chicken Patty on a WG Bun Tomato Slices (¼ c) Oven Fries (½ c) Ketchup 1pk/Mustard or Bar-B-Que Sauce (1 pk) Pear (½ c),Milk	Crispitos (2 ea) Pinto Beans (¼ c) Green Salad (¼ c) Ranch Dressing ,Salsa Picante (1 pk) Mexican Style Corn N' Squash (½ c) Green Apple (½ c) Milk	Hotdog on a WG Bun Carrot Raisin Salad (¼ c) Chili Beans (½ c) Ketchup/Mustard (1 pk) Orange (½ c) Milk	Turkey & Cheese on WG Goldfish Bread (Turkey 1 oz, Cheese 1 oz) Green Salad (¼ c) Orange Glazed Carrots (½ c) Mustard, Ranch Dressing (1 pk) Banana (½ c), Milk	Taco Salad (Beef 1oz Pinto Beans ¼ c) (Cheese .5oz, WG Tostadas 2oz) Romaine Lettuce(¼ c) Diced Tomatoes (½ c) Picante Sauce (1 pk) Red Grapes (½ c), Milk
4	Rib-B-Que on a WG Hoagie Bun Bar-B-Que Sauce(1 pk) Santa Fe Salad (¼ c) Sweet Potato Fries (½ c) Pear (½ c),Milk	Chicken Nuggets 5 ea Tossed Salad (¼ c) Seasoned Vegetables Julienne (½ c) WG Hot Roll Ranch Dressing ,Ketchup (1 pk) Red Grapes (½ c),Milk	Seafood Shapes (5ea) Broccoli w/Cheese Sauce (¼ c) Mashed Potatoes (½ c) Tartar Sauce (1 pk) Orange (½ c) Milk	Spaghetti w/Meat Balls (Pasta 6 oz, Meatballs 5 ea) Tossed Salad (¼ c) Tomato Wedge (½ c) Ranch Dressing (1 pk) Red Apple (½ c), Milk	Beef Tacos (Filling 2 oz, WG Shells 2 ea) Diced Tomatoes (¼ c) Pinto Beans (½ c) Salsa Picante (2 pk) Banana (½ c),Milk

August 2016

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
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21	22	23	24	25	26	27
28	29	30	31			

September 2016

S	M	T	W	T	F	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
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October 2016

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November 2016

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6	7	8	9	10	11	12
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20	21	22	23	24	25	26
27	28	29	30			

December 2016

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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